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VANDALISM HITS PUGET SOUND

by Aidan Regan

"It's definitely inconsiderate and just not cool," Chief Diversity Officer and Dean of Diversity and Inclusion Michael Benitez said about the vandalism. Yet the content of the vandalism is a different story.

At 12:30 a.m. on Oct. 21, a jogger reported two subjects spray painting the Color Post between Jones Hall and the music building.

According to Director of Security Todd Badham, security services responded immediately but could not locate anyone. While searching the campus they discovered more graffiti on the tents set up for Homecoming and Family Weekend. Facilities replaced the vandalized parts of the tent and cleaned the Color Post with special cleaners and a pressure washer.

Later that morning, they found a car in the President's driveway vandalized as well. All three areas appeared to be vandalized with the same spray paint.

"It appears the incidents are related and we are investigating them internally that way," Badham said. "At this time the incident is not being investigated by Tacoma Police." He mentioned that Security Services is following up on "a few leads."

The afternoon of the incident, Dean Benitez emailed a "vandalism incident report" to the campus community. It condemned the vandalism, calling it "not only illegal but contrary in every way to Puget Sound standards of integrity." The email did not describe the content of the vandalism.

Both the Color Post and the car were vandalized indiscriminately, but there was a message of political dissidence painted on the tent. On three sides it read

"White \$\$\$ = White Power." On the fourth side it read "A.C.A.B.," an acronym which, according to Benitez, means "all coppers are bastards."

Dean Benitez offered several reasons for why this content was not included in the campus-wide email. Mostly, he did not want to create a "conversation without context."

He wanted to present the vandalism as unacceptable, but not as an act of targeted hate or bias.

"It's more about demarcating the establishment, the structure as a supremacist structure, in this case capitalism and its ties to white supremacy...as a framework," Benitez said. To him the message was legitimate, but the vandalism was "uncalled for and inappropriate."

"That's why we decided to go that route in the response," he said. "It was to acknowledge that there are structural inequalities and also make clear that vandalism is not the appropriate way [to address them]."

"When anyone begins to engage in acts of vandalism and property damage, I ask the question: to what end?" he continued. "To what end is it going to solve anything?"

Benitez used Incite Newsroom's publications as an example of how to spread political dissidence on campus. "That's freedom of speech," he said. "Anyone can go anywhere and hand out flyers: a classroom, a game, a meeting."

(Continued on page 2...)

ASUPS Senate re-certifies all fall legislation

By Nayra Halajian



ASUPS Senate in Session

PHOTO COURTESY KEN AVIANANDA

On October 13, the Associated Students of the University of Puget Sound (ASUPS) had to reapprove all of the items they had already voted on in the Fall 2016 semester thus far.

ASUPS Vice President Lydia Bauer said, "None of us realized that anything was off until Kathryn Queirolo... came in and was basically like 'I've been looking at the bylaws and you all haven't had official quorum.'"

In order to have quorum, a two-thirds minimum of Senate members must be in the meeting to make the proceedings

of that meeting valid. For ASUPS, nine people must be present in the room.

"We've had a real shortage of senators until this last election because we had three people medically withdraw, and for a few other people [being a senator] just wasn't for them. We had a really small amount so it made having quorum at Senate a lot harder because everyone still had busy lives," Bauer said.

The issue came up when members of the Senate could not show up to meetings and were proxy voting instead. This means they were sending in their

vote on issue prior to quorum.

"If you got your request to proxy a vote to the Senate Chair before Senate, your vote still counted. This is how proxy works, as long as there's physical quorum in the room," Bauer said.

The problem was that there weren't enough senators in the room to have quorum, therefore the passing of everything they had done for the entire semester was not valid.

"It was weird because it didn't seem like it should delegitimize what we had already done, but, at the same time, that wasn't how things were supposed to be done," Bauer said.

Minutes from the Senate meeting on Oct. 13 state, "The Governance committee has decided that we did not have the proper quorum to approve items 16-204 through 16-231 with the exception of item 16-228 and 16-226 (unfinished business and a rejected item, respectively) and including 16-141."

The Governance committee recognized the mistake they had made and created a resolution to fix the issue, without

having to re-discuss all that had already been passed.

The "Resolution on an Omnibus Retroactive Re-Certification of Early Fall 2016 Legislative Action" was voted on and passed.

The resolution, as expressed through the meeting minutes stated, "The ASUPS Senate hereby renews and re-certifies the legitimate passage of items 16-204 through 16-231 with the exception of item 16-228 and 16-226, including 16-141."

Now that the resolution has passed and more Senate positions have been filled, ASUPS can continue its business as usual.

Reflecting on the issues, Bauer said, "there are a lot of guidelines to follow and sometimes they don't make the most sense for what the timeline really is. I feel like stuff like this will always happen and it's good that people hold us accountable to it because we have those rules in place for a reason."

As stated in the ASUPS Principles, "Our practice seeks to be radically inclusive of all members of community." Keeping ASUPS accountable to quorum ensures representation and helps to uphold this principle.

When asked about getting more senators, Bauer stated, "It's really hard. We just had an election with seven seats open. We got 6 new senators. Now we have 2 seats up for election and that's Junior Class Senator and Off Campus Senator."

Fall 2016 Special Elections for Junior Class Senator and Off Campus Senator are November 8. Students can vote in the Wheelock Student Center.

Vandalism hits Puget Sound

By Aidan Regan

(Continued from page 1)

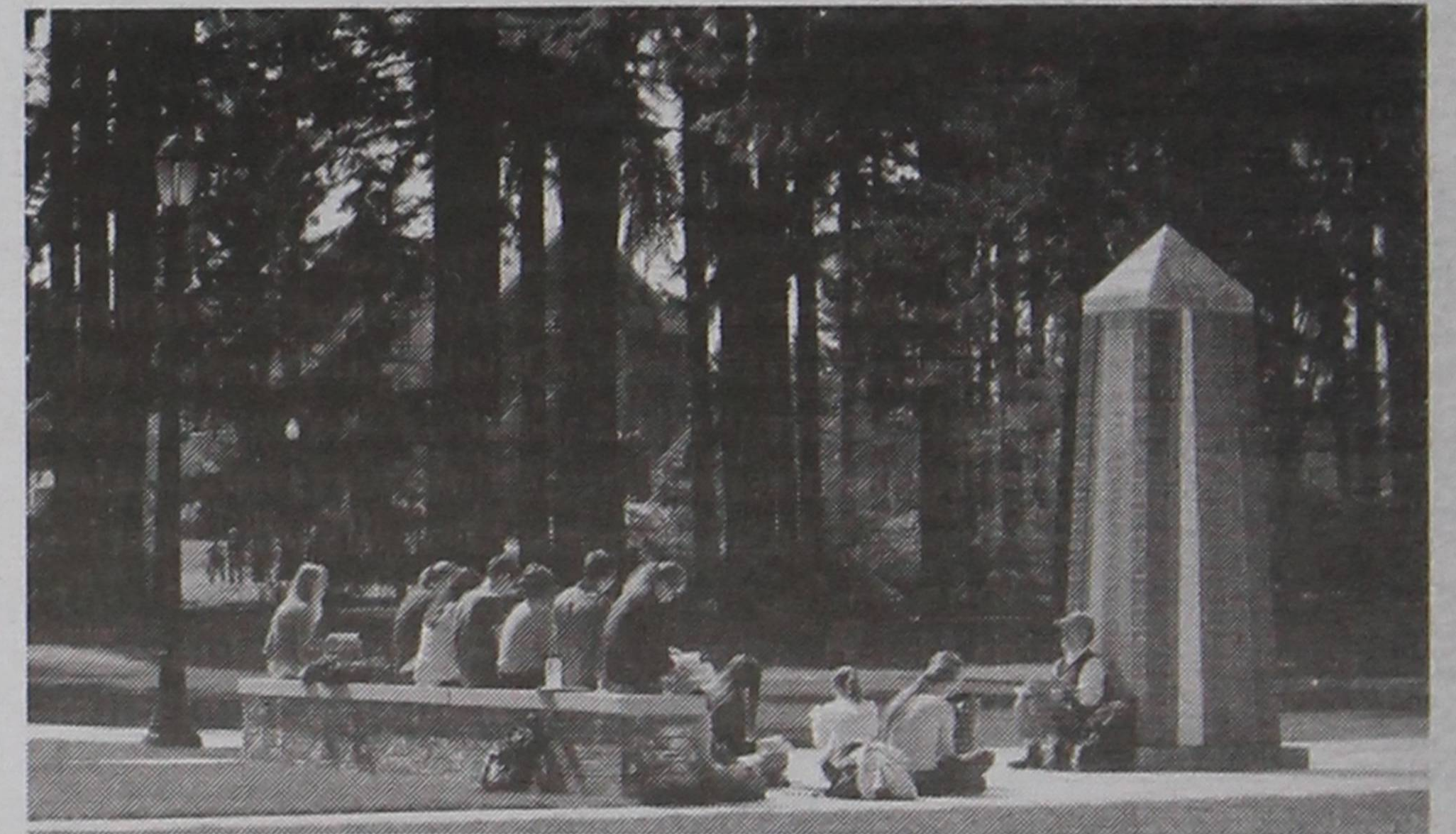
He also wanted to be sure his email would not lead to wrongful speculation about the individuals responsible. "I don't want to put it out there and have folks make connections that may or may not be there," he said. "I want to be frank about that... We don't know who did it."

Beyond the issue of the vandalism itself, the political content of the message was presented without context. "For anyone who doesn't know A.C.A.B, and for anyone who is not [connecting] the dollar signs [with] white power, that could literally just be

'white power,' right?" Benitez said.

It reminded Dean Benitez of biased vandalism in the university's past. He began his first year at Puget Sound with an anti-bias campaign targeted towards vandalism. Since then, he claims that incidents of vandalism have fallen almost entirely.

He also recognized that inequities permeate social structures and that Puget Sound is not exempt from that, making students' rights to protest and to take action "necessary."



Color Post: one of the sites of vandalism
PHOTO COURTESY OF THE UNIVERSITY OF PUGET SOUND

EDITOR-IN-CHIEF OFFICE HOUR - DIVERSIONS CAFE

MADLINE BROOKS
TUESDAY 11 AM - 12 PM

CASEY O'BRIEN
THURSDAY 12 PM - 1 PM

WHERE TO FIND THE TRAIL

BLACK BEAR YOGURT
BLUEBEARD COFFEE
CAFE BROUSSEAU
METRONOME COFFEE
SHAKABRAH JAVA
CUTTER'S POINT COFFEE

SECURITY UPDATES

The following incidents occurred on-campus and were reported to Security Services between October 25, 2016 and October 31, 2016:

(1) Bicycle Theft: A staff member reported his bicycle stolen from the rack outside the Wheelock Student Center.

(3) Malicious Mischief: Security staff responded to three reports of malicious writing on university property. One incident was in a window frame on Weyerhaeuser

Hall, one in a Schiff Hall window well, and the last on a university directional sign at N. 11th and Alder Streets.

(1) Theft: A student reported the theft of her university ID card and keys from the computer lab in Oppenheimer Hall.

Crime Prevention

Be mindful of personal and university property by keeping it secured or with you at all times. This includes office areas and residential spaces.

Do not leave valuables in your vehicle. Doing so attracts thieves.

Secure your residence and/or room - especially at night while sleeping. Good quality "U-Bolt" style locks are highly recommended. Use additional locks to secure high end components (wheels, etc.) to the bicycle when stored.

Always immediately report suspicious activity to Security Services (253.879.3311 or ext. 3311) or Tacoma Police (911).

Security Services

Security is open and staffed 24/7 to serve the university community.

Utilize the Security Courtesy Escort Service if you find yourself walking alone on campus - especially at night. This service is also available to some areas off-campus.

Please update the university with your cellular telephone number. We need it to send you important Security Alert messages. Do this at myPugetSound.

Visit our website and check us out on

Facebook to learn more about our services and stay up to date on campus security.

Let us know if you have information about any of the incidents described above.

Please review the training video "Shots Fired on Campus" located at www.pugetsound.edu/emergency. (Puget Sound username and password required.)

THE PUGET SOUND TRAIL

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The Trail is an independent, student-run organization funded by ASUPS. The Trail seeks to produce a credible weekly newspaper that serves as a comprehensive source of information relevant to its readership. The Trail acts as an archival record for the university, serves as a link between University of Puget Sound and the greater Tacoma community and provides an open forum for student opinion and discourse.

Visit trail.pugetsound.edu for the full mission statement.

African American Studies becomes major

By Madeleine Scypinski

For the first time since its introduction to the curriculum in 1995, African American Studies (AFAM) is now offered as a major at the University of Puget Sound.

The history of the African American Studies discipline began much earlier.

Black people in America fought for their right to learn "alongside of the struggle to end their enslavement," Dr. Dexter Gordon, department chair and professor of African American Studies and Communication Studies, said.

"African Americans represent one group; [they're the] most striking example of a group that put its life on the line to be able to learn," Gordon said.

The study of black culture has long been neglected in predominantly white academia.

In the past, "white institutions have perpetuated a fiction about black lives that African Americans have made no contribution to civilization, so their histories [and] their culture had no place in the academy," Gordon said.

Black activists and historians like Carter G. Woodson organized the study of African American history, because otherwise, Gordon said, "it wouldn't be studied, and it would be lost."

Puget Sound's AFAM program began as one "developed in defiance," and without funding, in response to pressure from outside the university to better represent Tacoma as one of the cities in the Pacific Northwest with the highest African American population.

Professors added a series of courses already offered at Puget Sound into the African American Studies minor, but it wasn't until 2002 that Dr. Gordon was hired as the first dedicated professor of African American Studies.

The program still maintains a firm belief in cross-departmental synthesis: "In African American Studies we embrace the assignment of teaching across the university... because we believe that all students should engage in African American Studies, notwithstanding [their] primary discipline," Gordon said.

In reference to noted scholar and Columbia University professor Manning Marable, Gordon claims that "no American should identify as an educated person with a college degree if that college degree did not include the study... of African American life."

This piece of American history is essential to understanding how this country has evolved "from its duplicity of the promotion of equality and the practice

of insubordination," Gordon said.

African American Studies is an integral part of the university's curriculum. "Because of its orientation as focusing on a people's struggle for recognition, [it] prepares its students to think, write, articulate their views, work collaboratively with others, [and] be nimble in their abilities to adjust to changing circumstances," Gordon said.

The program allows African American students to "see a positive image" of their culture and gives them an "opportunity to learn their background," said Shannon Woods, president of the Black Student Union and an African American Studies minor. "[AFAM] lets them know there is a presence of support."

The development of this new major "represents added value to the university as a whole," said Gordon. He feels it indicates Puget Sound's dedication to the diversity of its student body and being "responsive to the demographic realities of the age." In the United States, more than half of students in public schools are students of color.

"Rather than lagging behind," Gordon said, "the university is interested in being part of the new reality of what higher ed and liberal arts offerings should be."

The Trail has decided to publish the first 39 reported incidents from the University of Puget Sound Discriminatory Harassment Report. Subsequent issues will provide the rest of the report. We hope this can help create better transparency on our campus.

"The University of Puget Sound discriminatory harassment report from July, 2015 through June, 2016 is now available online and is compiled by the Harassment Reporting Officers (HROs). As part of an effort to cultivate a campus environment in which concerns, questions and complaints are forwarded for resolution, the officers broadened the campus reporting practice in 2011 to include all inquiries or concerns raised in areas related to discriminatory harassment, not just those which resulted in official actions. As a result, there is a significant increase in the number of reported incidents starting with the 2011-2012 report versus those in previous years. This year we have again broadened the reporting practice by now sharing all incidents reported to HROs, the Chief Diversity/Title IX Officer, and the Bias Hate Educational Response Team (BHERT). This new methodology increases the documented incidents for this report and provides the community with a more comprehensive picture of the discriminatory incidents submitted to the university.

The HROs include Kris Bartanen, Michael Benitez, Debbie Chee, Sunil Kukreja, Janice Jackson-Haley, Grace Kirchner, Mona Lawrence, Cindy Matern, Vivie Nguyen, Roy Robinson, Mike Segawa and Sarah Shives.

Any of these HROs can help you in understanding, initiating and navigating the discriminatory harassment response process. Complaints may also be brought to the head of the complainant's academic or administrative department, or to the department head of the person behaving objectionably.

There is another campus report, the Annual Security Report, that details campus crime activity. There is overlap in information in this report and the HRO report. Both, however, account for incidents in slightly different ways and, thus, the numbers reported in each document will be different and should not be seen as cumulative in nature.

We hope you will review these documents and find them helpful in promoting an informed and supportive campus community."

- Mike Segawa, Dean of Students

Harassment Reporting Officers Annual Report, 2015-2016

1. A staff member reported feeling degraded after campus visitors made some disparaging remarks targeting the staff member's gender. The department hosting the campus visitors was addressed by the Chief Diversity Officer and Security Services.

2. A student reported that two women in a vehicle close to campus shouted some hateful

remarks about the student's sexual identity. The offenders' identities are unknown. The student was offered support and resources.

3. Two students wrote on Puget Sound's social media Twitter account explaining they found some remarks posted to be racist. The person who posted comment erased the comment and apologized to students.

4. A student reported that a staff member engaged in biased and unprofessional behaviors including using sexist language. The student chose not to pursue further investigation and was provided with resources and support.

5. A student staff member reported that someone had written discriminatory/biased remarks targeting the resident's sexual identity on a residence hall white board. The offender's identity is unknown. Residence Life addressed the matter and provided the targeted students with resources and support.

6. A student reported hearing another student use disparaging and stereotypical remarks to describe people from a certain racial/ethnic background. Residence Life addressed the matter and the students were provided with resources and support.

7. A graduate student expressed feeling marginalized as a result of biased comments and directives made by a faculty member towards the student's gender identity. The faculty member was addressed by the Chief Diversity Officer and the student was provided with resources and support.

8. A student staff member reported that someone had written disparaging comments on post-its targeting gender on a student resident's door. Security responded, looked for further activity and possible perpetrators. The offender's identity is unknown. The students of the floor were provided with resources and support.

9. A student reported receiving a thread of texts from an unknown number calling her a variety of derogatory names as well as sexist and homophobic slandering. The matter was addressed by Security Services. The student was provided support and resources.

10. A student staff member reported that someone had written disparaging comments targeting sexual identity on a resident student's door. The offender's identity is unknown. Residence Life and Security Services addressed the matter and provided the targeted students with resources and support.

11. A student staff member reported that a co-worker shared being stalked and followed to her car by another co-worker. The leadership in this area immediately addressed the matter to the student staff member's satisfaction.

12. A student reported that inappropriate photos of her were being posted on social media sites by a person from her hometown. The matter was addressed by Security Services in collaboration with the local police department and the police department from her hometown to the student's satisfaction.

13. A student staff member reported an incident shared with her about a mutual friend, a student, who experienced sexual misconduct. Student Conduct reached out to the targeted student. The complainant chose not to pursue further investigation.

14. A student staff member reported finding offensive sexist remarks on several students' residence hall doors. The student who wrote the remarks was identified and addressed by Residence Life.

15. A student leader reported feeling pressured to work on a religious holiday by a student staff member. The matter was addressed by Residence Life and the University Chaplain and the student was provided resources and support.

16. A student reported being sexually assaulted by a peer. The student was provided support and resources and student's class schedule was adjusted at student's request. The student chose not to pursue further investigation.

17. A student reported to Security Services experiencing bias/hate based due to the student's sexual identity. The offender's identity is unknown. The student was offered support and resources.

18. A student submitted a complaint about a comedian invited to campus who engaged in biased and derogatory messaging through his jokes and routines that targeted race, ethnicity, gender identity and sex. The matter was addressed by the Chief Diversity Officer and the student was provided resources and support.

19. A student reported an incident of bias/hate targeting the student's sexual identity during a class field trip. The student did not share the name of the other student and chose not to pursue further investigation. The student was offered support and resources.

20. A staff member reported experiencing sexual harassment by a campus visitor who made inappropriate comments directed at her gender identity. The matter was addressed by Security Services.

21. A staff member reported experiencing gender bias in the workplace. The matter was addressed by the Chief Diversity Officer.

22. A student reported feeling excluded and marginalized as a result of her race/ethnicity. The matter was addressed by Student Affairs and the student was offered resources and support.

23. A student reported concerns over a proposed campus event that promoted racial/ethnic bias. The matter was addressed by the Chief Diversity Officer and Residence Life.

24. A staff member reported finding sexist carvings on library wooden desks. The carvings were removed and the matter was addressed by the Chief Diversity Officer.

25. A student staff member reported experiencing gender bias by way of hurtful and sexist messages written on his bulletin board. The matter was addressed by Residence Life and the student was offered resources and support.

26. A student reported finding anti-Semitic graffiti in the men's bathroom in the basement of the library. The graffiti was removed and the student was offered resources and support.

27. A staff member reported observing a male driving through campus yelling sexist remarks aimed at a female student. The offender's identity is unknown.

28. A staff member reported finding sexist

and derogatory messaging on wooden desk aimed at female students. The messaging was removed. The offender's identity is unknown.

29. A student staff member reported feeling uncomfortable as a result of a professional staff member's inappropriate sexist and derogatory comments. The matter was addressed by the Chief Diversity Officer and Human Resources.

30. A student staff member reported overhearing a group of students using homophobic slurs during a conversation taking place near her. The offenders' identities are unknown. The student was offered resources and support.

31. A staff member reported that a male student staff member made comments of a sexual nature aimed at female student staff members via social media. He messaged them late at night asking them out continuously and flirting. The matter was addressed by the Chief Diversity Officer and Human Resources.

32. A student reported to Security being sexually assaulted by an ex-boyfriend who continues to stalk her (i.e. calling her, visiting campus, etc.). The student was offered support, services and options for steps she could pursue. The student chose not to pursue further investigation.

33. A student reported that members of a fraternity engaged in anti-Semitic actions directed at a Jewish member of their house. The matter was addressed by the Chief Diversity Officer and the student was offered resources and support.

34. Guests on campus reported feeling unwelcomed and discriminated against as a result of their race/ethnicity. The matter was addressed to the campus guests' satisfaction as recommended by the Chief Diversity Officer.

35. A staff member reported that a student staff member was overheard by two of her colleagues (professional staff) using biased language targeting students' race/ethnicity. The leadership in this area immediately addressed the matter as recommended by the Chief Diversity Officer.

36. A student reported that a staff member made biased comments targeting her national origin and citizenship status. The student chose not to pursue further action and was offered resources and support.

37. A student reported feeling excluded as a result of her racial/ethnic background by a faculty member's actions and preferential treatment for white students seeking assistance in her course. The student chose not to pursue further action and was offered resources and support.

38. A student reported overhearing a staff member engaging in biased conversation targeting the student's racial/ethnic background. The matter was addressed by the Chief Diversity Officer and Human Resources and the student was offered resources and support.

39. A student reported an incident involving non-campus affiliates who yelled homophobic slurs out of their car vehicle directed at Puget Sound students. The offenders' identities are unknown.

Opinions contained herein do not necessarily reflect the views of The Trail staff, ASUPS, the University or its Board of Trustees. Articles and letters in the Opinions section are printed at the discretion of the Trail editorial staff. The Trail reserves the right to refuse any letters submitted for publication. Letters to the editor will not be edited for grammar, spelling, or content, except in the case of material that is considered to be offensive, as determined by the Trail style guide. All letters to the editor must be signed and must have an email address or phone number. Letters for publication the following Friday are due no later than Monday at noon and may be sent to: The Puget Sound Trail, 1095 Wheelock Student Center, Tacoma, WA 98416 or trail@pugetsound.edu.

Tacoma must build up, not out

Concerns over high-rise construction threaten a more equitable future for Tacoma

By Daryl Auguste

On Oct. 10, a number of residents from Tacoma's North End met to discuss the latest potential development for the Proctor Neighborhood, a "Proctor Station Two."

Much like its predecessor, Proctor Station Two will serve as a mixed-use project, providing both residential and retail space. Proctor Stations One and Two join similar complexes like The Henry and Thea's Landing as part of a growing trend in high-rise developments in Tacoma.

The principal criticism aimed at Proctor Station relates to the buildings' heights. Residents worry that the unseemly size of the complex threatens to damage the character of the neighborhood.

Some have voiced concern over the potential noise generated from the construction. Others describe Proctor Station One as a hulking visual eyesore in an otherwise picturesque neighborhood. Many have voiced their opposition to any further increase in the 65-foot ceiling for buildings (approximately 6 floors) allowed under city zoning. Some have even pushed for the laws to be rolled back in favor of the previous 45-foot ceiling.

To some extent, their anxieties are understandable. Established in the 1890's, Proctor is one of Tacoma's oldest neighborhoods.

Proctor contains living reminders of Tacoma's past like the Blue Mouse Theater—a registered landmark in operation since 1923. Proctor Station and other similarly sized buildings may be seen by some as an affront to the history of the neighborhood.

These criticisms are rooted in aesthetic appeals, grounded in a notion of Proctor as a quiet neighborhood with cute, convenient shops surrounded by craftsman homes. They do nothing to challenge, address, or mitigate the importance

of high-rise living complexes in the formation of a more equitable Tacoma.

High-rise living quarters are critical to the sustained development of a vibrant middle and lower class in Tacoma. With 127,000 additional residents expected to move into the city by year 2040, the options are binary: urbanization or suburbanization, building up or building out.

The potential ramifications of suburbanization shouldn't be unfamiliar to those aware of Tacoma's history.

The 1950's saw Tacoma undergo a rapid period of suburbanization and divestment that plunged it into a 40-year depression from which the city is only just recovering.

The abandoned buildings strewn throughout downtown should serve as a visual reminder to those who continue to oppose the necessary long-term infrastructure these high-rises provide.

Much of the draw for Tacoma's 127,000 new residents surrounds Tacoma's reputation as an affordable alternative to Seattle, which is experiencing a major housing crisis.

With an inability to cater to this population via the old single-family homes Tacoma is known for, high-rise apartments present the only clear alternative to suburbanization, which would see thousands of Tacoma residents, often the richest, abandon Tacoma in favor of nearby affluent suburbs.

Many of these 127,000 residents arriving in Tacoma will come from middle or lower class households. As the current infrastructure the city has in place cannot properly accommodate these new residents, a priority must be placed on developing more affordable housing options in Tacoma.

The most effective way to do so is to relax restriction on the size, height and unit number of housing complexes in Tacoma, which is exactly what an increase in the ceiling

High-rise living quarters are critical to the sustained development of a vibrant middle and lower class in Tacoma.



The Ray Gamble building in July, 1930, located at 2705 N Proctor. Inside were businesses at the street level with eight apartments above. This building has since served as Knapp's restaurant since 1938.

PHOTO COURTESY OF TACOMA PUBLIC LIBRARY

for housing complexes has done. An attempt to roll back the laws to only permit for a 45-foot ceiling under the guise of maintaining the "character" of a neighborhood is a treacherous position, as is holding the aesthetic or historical appeal of anything above laws allowing for a more robust lower and middle class.

Much more compelling are criticisms focused on the need for low- and middle-income high-rises that do not currently exist.

Units at the Henry apartment complex range from \$1100-\$2900 per month. Prices at Proctor Station range from \$1195-\$2840 with residents' income averaging out to \$110,000—over twice the \$50,439 average for Tacoma. These are not affordable places to live for the average Tacoma resident.

During the development stage in 2008, the city of Tacoma tweaked its multi-family tax exemption program to allow for a 12-year property tax exemption if Proctor Station designated at least 20 percent of their apartments as "affordable housing." Proctor Station declined, signaling its desire to cater exclusively to the wealthier pockets of Tacoma.

This sadly represents the norm rather than the exception. However, it signals a willingness in local government to provide affordable housing.

High-rises are critical to a sustained, equitable future for Tacoma, but they cannot be constructed to exclusively serve the wealthy. Let us not mistake the construction of Proctor Station as some noble egalitarian quest; the motivations are principally financial.

This shouldn't necessarily read as a criticism of these high-end apartments, as their construction is a critical first step to a more equitable form of high-rise apartment. They can lay the structural and political framework for expansions, and their high end emphasis may afford the initial investments required.

As renters and residents of Tacoma, we have a moral responsibility to encourage the development of low and middle income high-rise apartment developments. The 127,000 new residents moving into Tacoma by 2040 afford a tremendous potential opportunity. The advent of these high-rises can help create a financially prosperous, diverse and equitable future for Tacoma.

While Proctor Station may not be personally indicative of the aforementioned affordable housing, its developers' success in relaxing restrictions must be commended and upheld. If the locals of Tacoma's North End succeed in defeating well-funded projects like Proctor Station, what chance would future low or middle income housing developments stand under the same type of pressure?



The Blue Mouse Theater on Proctor Street opened on Nov. 13, 1923, making it one of the oldest continuously operating movie theaters in the country.

PHOTO BY OLIVIA LANGEN

The Happy Trail is The Trail's weekly sex column that seeks to inform the community on issues related to sexuality and gender by addressing these topics in an education-based way. Our mission is to make the campus a safer place by normalizing and demystifying topics like safer sex practices, sexualities, kinks and polyamory, while shedding light on topics like trans rights, sexual and domestic violence, gender inequalities and intersectionality. Happy Trail correspondents are not medical professionals; if you have a medical concern contact CHWS or a local clinic. Otherwise, direct your sexuality and gender questions to trailbeyou@pugetsound.edu. Respond to Happy Trail articles in the form of a letter to the editor sent to trail@pugetsound.edu.

Drug-resistant HIV sparks concern *PrEP and PEP still widely effective despite resistant cases*

By Emma Holmes

While it's easy to think of AIDS as a terror of the past, new cases are emerging to indicate a mutation of the virus that is not yet treatable. PEP and PrEP have been used for several years to allow partners of HIV-positive people to safely engage in sexual activity with minimized risk of infection. However, several new cases of "drug-resistant" HIV have doctors scrambling for a solution.

PEP stands for post-exposure prophylaxis, and is taken orally for 28 days after a patient has been exposed to HIV. This can occur through unprotected sex, unsanitary injections or sexual assault. The active ingredients multiply within the infected cells and wipe them out before they are able to multiply. Treatment is most effective when started within 72 hours of initial exposure.

PrEP, conversely, is a preventative pill used by those with frequent exposure to the virus. If taken once daily, it limits HIV's ability to replicate and infect the body. Though the pills were approved by the FDA in 2012, by 2014 they were also prescribed for

mothers hoping to conceive, as the treatment also blocked infection of a child.

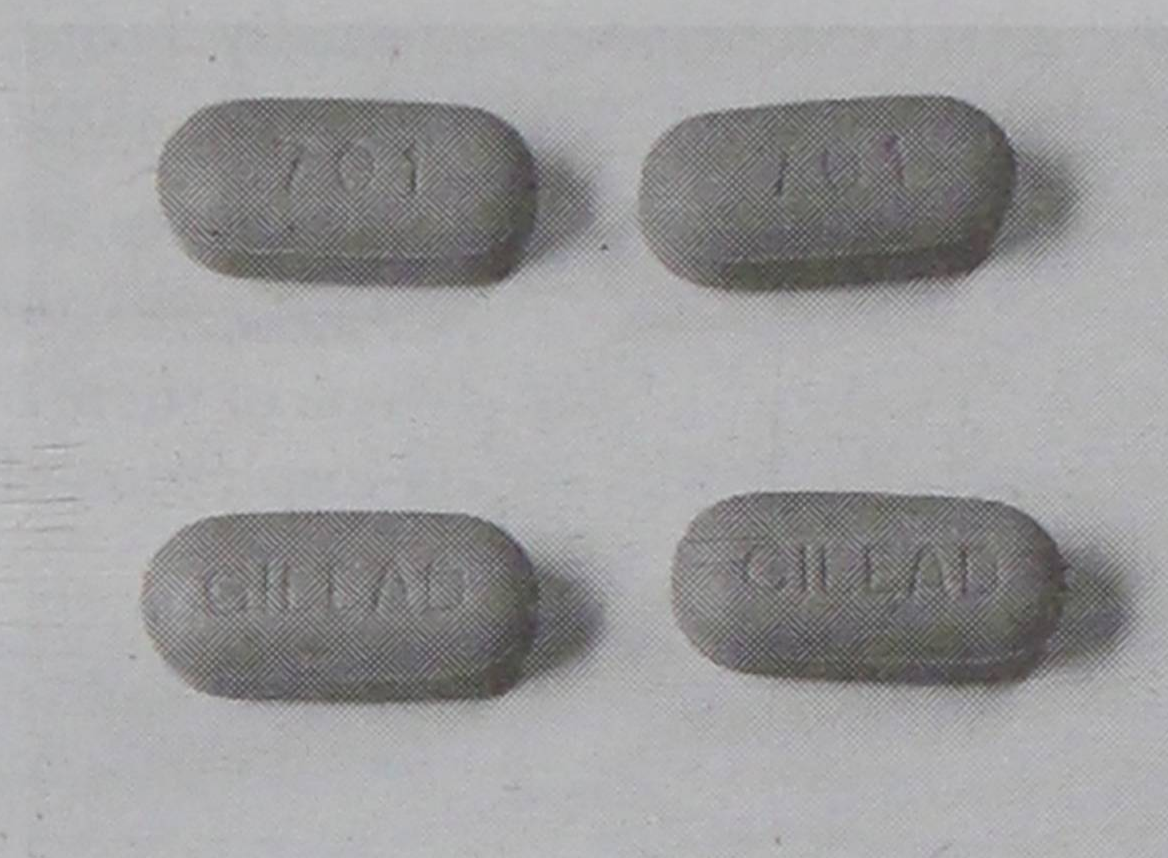
Since 2016, about 100,000 people have chosen to take PrEP as a preventative tool (Jacobs, 2016). As of Oct. 28, 2016, there are three reported cases of ineffective treatment: one in Jan. and two in Oct. The mutated form of the virus has been deemed "drug-resistant" to Truvada, the primary drug in PrEP.

All patients were tested for appropriate levels of Truvada in hair and blood samples, and results indicated long-term, dependable usage, with what should be defensible levels. There is no consistency of position (insertive or receptive) in the patients who have contracted the virus through anal sex.

A new drug, called Ibalizumab, is currently in the final stages of testing and approval, and has thus far helped 83 percent of drug-resistant HIV cases that it's been administered to. The drug would ideally prevent against further infection and bar exposure to other people. It's administered every

other week intravenously, and is the only drug of this type that may soon be available.

Because current prevention of HIV is limited to abstinence, condoms and PrEP, choosing to take the medication is still the best way to guard against infection, especially when used with condoms. Three cases out of approximately 100,000 is only a .003% failure rate, with countless other cases proving perfectly effective. Further information about PrEP, PEP and HIV can be found on www.aids.gov, or with your healthcare provider.



Truvada pills
IMAGE COURTESY OF WIKIMEDIA COMMONS

What is HIV/AIDS?

HIV: Human Immunodeficiency Virus is a virus transmitted through infected blood, breast milk, semen or vaginal fluids. Like other immunodeficiency disorders, it decreases the body's ability to fight infections. There is no cure, but with early detection and treatment, a person with HIV can live a long and healthy life.

AIDS: Acquired Immune Deficiency Syndrome develops after HIV has worn down the body's immune system significantly over many years. Having AIDS makes the body more susceptible to infections and other immune system disorders.

Information via aids.gov

The history of the vibrator

By Nayla Lee

"Hysteria," which comes from the Greek word "hystra," meaning uterus, was once thought to be a symptom of a woman's womb wandering around in her abdomen. Most of the time, the physical products of gendered language and medical treatment cause pain. However, in this case, they end up providing relief and, well, pleasure.

A 2013 Psychology Today article noted that symptoms of "hysteria" included increased vaginal lubrication, abdominal heaviness and sexual fantasies. These symptoms are now seen as indicators of sexual frustration. Other complaints, such as nervousness, anxiety and sleeplessness, could lead to the same diagnosis.

The common cure for this "disease" can be found in Pieter van Foreest's medical anthology published in 1653; he suggested that doctors and midwives "can massage the genitalia with one finger inside, using oil of lilies, musk root, crocus, or [something] similar. And in this way the afflicted woman can be aroused to the paroxysm." This "pelvic massage" was a cure to what van Foreest referred to as "womb disease," and would at least temporarily provide relief to the woman in question.

A "hysterical paroxysm" is, in layman's terms, a female orgasm. For married women, common advice was to have more sex with one's husband. For unmarried women, widows and women for whom penetrative sex just didn't cut it, the genital massage was just what the doctor ordered. But it could take up to an hour of a practitioner's time to produce, and often caused cramps and other pesky problems for doctor and patient alike.

As these treatments became too cumbersome for doctors to perform, without a significant decline in popularity, technology emerged to help physicians and patients reach a more efficient outcome.

One of the initial alternatives was hydrotherapy, or stimulation of the clitoris with pressurized water. Hydrotherapy spas began to spring up in order to provide these services to those who could afford the luxury. This evolved

into the douche, which was popular but also extremely expensive.

Travel costs were even more prohibitive than the expenses of regular doctor visits, which lead to these treatments becoming all the more exclusive.

These spas were also the development ground for the first wind-up vibrating apparatuses, which were used in exercise and physical therapy. Beginning in 1869, physician George Taylor's steam-powered electro-massagers, called "manipulators," were also added to these spas.

But why not just encourage "hysterical" women to do it themselves?

Masturbation in general, particularly female, went beyond a mere taboo. Sex and sexual pleasure was a man's world, and women were expected to endure it, not enjoy it, an attitude that in some places still persists today.

A darker side of the medical treatment of hysteria included institutionalization and forced hysterectomies, or surgical removal of the uterus.

As the machines became cheaper and more portable, they began selling for commercial use. Advertisements appeared in catalogues and sewing magazines. They fell out of "respectable" style in the 1920s, but re-emerged during the sexual revolution of the 1960s. It wasn't until 1953 that the American Psychiatric Association actually stopped diagnosing hysteria in women for any reason.

Now, vibrators are easy to find in stores and online. Sex stores and websites are abundant.

In November 2013, the University of Puget Sound theater department performed *In the Next Room*, a play about a physician's wife who learns exactly how her husband is treating his "hysterical" patients. The 2011 period drama/romantic comedy movie *Hysteria* starring Maggie Gyllenhaal and Hugh Dancy also explores the invention of the vibrator and the diagnosis of hysteria.

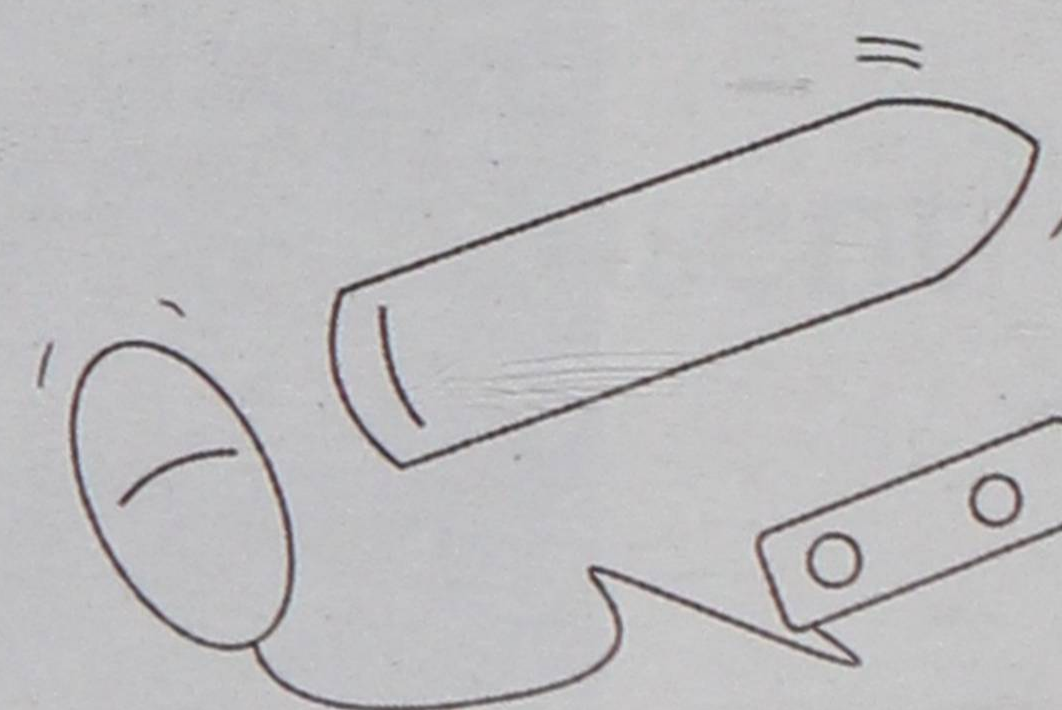
Types of vibrators

By Natalie Scoggins

Today, vibrators come in a variety of shapes, sizes, functions and price ranges. Here are a few notable kinds.

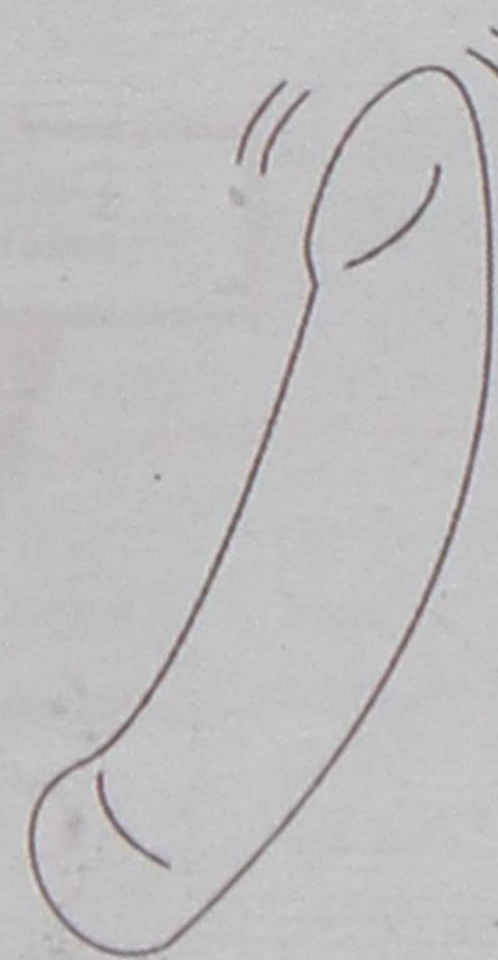
BULLET/EGG

These are basic vibrators for external stimulation. They range in power and price from basic and cheap to super powerful and pricey.



DILDO/G-SPOT

Insertable phallic vibrators. G-spot vibrators have a curve to them to target internal sensitive spots.



RABBIT

Rabbit vibrators have an insertable portion as well as an external part for clitoral stimulation- the name comes from the rabbit-ear shaped vibrating parts on the arm.



HITACHI

Widely considered the Holy Grail of vibrators, the Hitachi Magic Wand "Massager" provides powerful and controllable vibrations. While it used to have to be plugged in, there's now a rechargeable version on the market.



Off-campus study spots: Beyond Brosseau, Metronome and Bluebeard

By Molly Wampler

With the academic workload picking up as the semester continues, students are on the hunt for new off-campus study spots. Cafe Brosseau, Metronome Coffee and Bluebeard Coffee Roasters are popular among Puget Sound students for good reason, but sometimes all a final paper or exam needs is a change of scene. Here is a shortlist, in no particular order, of some of these study spots, with vicinity to Puget Sound's campus in mind:

1 Less than two miles from campus and open 24/7, **Bertolino Bros.** offers a quiet and convenient study spot for students. The cafe recently invested in a new wifi system for customers (a major deterrent in previous years), and employee Kristina Angeniy says it truly has made all the difference. Bertolino's serves traditional café beverages, and in addition to pastries, they have food like instant noodles—perfect for long nights of studying. Bertolino's has couches around the edge of the cafe, and tables in the middle, which can seat around 50 customers. Outlets are available along the walls, and are seldom unavailable, even during their rush hours from around 5-11 p.m. (depending on the day).

2 For midnight pancakes and free wifi, **Denny's** on 6th is an unconventional (but just as productive!) study spot. This restaurant serves coffee and tea as well as full meals 24/7, and with a seating capacity of 118, you should always be able to find a table. There are outlets at some booths, and location manager Adam Morton says they are currently trying to get more. The middle of the restaurant can be noisy, especially during brunch or the after-bar rush on weekends, but there are many options for booths along the edge of the restaurant.

3 Adding to the list of never-closed study spots, the **Metropolitan Market** ("The Met") on Proctor keeps their cafe seating open all night, even after the cafe itself closes at 9 p.m. The capacity for the cafe isn't huge; a wall with bar seating can seat 20, along with one table for two or three. The Met has free wifi and plenty of outlets in their cafe, and during its business hours of 5 a.m.-9 p.m., they offer a variety of artisan pastries and beverages, including locally-roasted Caffe Vita coffee. Erin LaRue, Met employee, recommends any drink with their homemade pumpkin spice flavoring, which they only serve seasonally.

4 Close to campus, **Ubiquitous Journey** tea shop on 6th offers a quiet and calm place to study. Ubiquitous Journey focuses on tea but serves coffee as well. The shop can only fit 14 customers at once, but if you can snag a seat, the shop has free wifi and outlets. It is closed Monday, but open Tuesday-Friday 10 a.m.-6p.m. and weekends 10-4. Robyn, an employee, says that mornings are most busy, but there is usually seating throughout the day. If you go, Robyn recommends you try her current favorite tea, Guayusa.

5 For students looking for a place to study where a purchase is not required, the **Anna Lemon Wheelock Library**, a public library, has free wifi, computers, printers and parking. However, it is closed on Sunday and Monday. It is open from noon to 8 p.m. on Tuesday and Wednesday, and from 10 a.m. to 6 p.m. Thursday through Saturday.

These are just a fraction of the study spots around Tacoma.

Even if none of these businesses prove to be your perfect study spot, hopefully they can spark inspiration of other places to study, write, or just spend time with friends.



GRAPHIC BY GORDON ZHANG

Register for Introduction to Journalism STAF 101-A

Learn about the basics of reporting, writing and media literacy in this new activity course offered by Kari Plog, a former reporter and current media advisor. Aspiring journalists and members of student media outlets are strongly encouraged to register, but anyone is welcome. Offered Tuesdays from 6-7 p.m., spring semester.

Resident Directors help students to grow

By Charlotte Fron



PHOTO CREDIT TO UNIVERSITY OF PUGET SOUND

Anderson-Langdon Hall

A key feature of the University of Puget Sound is its strong community. That community is formed through constant peer and educator interaction. On-campus living during students' first two years allows Loggers to create unique bonds they will cherish for a long time.

James Hanson is one of the University of Puget Sound's three Resident Directors; his specific campus area is North Quad, which consists of the Anderson-Langdon, Schiff, Harrington, Smith, and Oppenheimer Halls. North Quad is different from South Quad in that it has a greater mix of students: it has first-years, transfer students, and upperclassmen, while South Quad only houses first-year students. Starre Helm is the Resident Director for South Quad, and Daniel Lee is the Resident Director for Trimble Hall, Thomas Hall, Langlow Honors Hall, and the 47 campus-owned houses.

Hanson has many responsibilities as a Resident Director. He recruits, trains and selects the student staff that make up Resident Assistants and Resident Community Coordinators, as well as Residential Programming Advisors. He manages the daily ins and outs of his halls, including being a resource for students, whether it's regarding the facilities or the Tacoma area. However, Hanson himself

is still exploring Tacoma, since he only recently moved to the area to start as a Resident Director at the University. Hanson was born and raised on the East Coast; his first time on the West Coast was to interview for his current position at the University. Hanson is happy with his big move: "I love it here. I think it's a beautiful area, I love the accessibility to nature, Seattle's not too far, and honestly I love the rain. I love the weather."

Living in an residence hall as a first-year college student is important to promote an easier transition into college and transition into the beginning phase of adulthood.

"Having a roommate and sharing such a tiny space allows for really good compromising, communication, making sure that you're able to set boundaries, express your expectations, be able to manage conflicts that may arise, and be able to have those more challenging or difficult conversations," Hanson said.

The challenging conversations that students may encounter are good practice for potential future difficult conversations with a future roommate, coworker or spouse.

Living on campus allows students to build relationships through making Easy-Mac in the kitchen at midnight, figuring out how to use the laundry machines and group study sessions in the lounges.

"Residence halls provide this really dynamic opportunity to live in close proximity together," Hanson said.

However, sometimes first-years need to be reminded of

the living standards set in residence halls. Hanson often has conversations with students in his office in Anderson-Langdon Hall. RDs discuss potential room changes: "we try to help facilitate conversations to see if it's a roommate disagreement that can be resolved," Hanson said. RDs also hold students accountable when they behave against the Student Integrity Code. Conduct meetings are primarily times for students to have an educational conversation about how their actions could have negatively affected the residential community. Hanson shares that many students fear such conversations, but reassures *The Trail* that they are not meant to be punitive. The goal of these meetings is "to ensure that you're taking steps to provide the best opportunities for your health and safety for yourself and to not impact the community negatively," Hanson said.

All three Resident Directors live on campus, in order to be a more integral part of the community and be able to quickly act in the event of a crisis. Hanson lives in an apartment in Oppenheimer with his dog, Tala.

"I love the campus; I think the students are pretty awesome [and] really dynamic," Hanson said.

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Matthew 5:14-16

Bros and Breakfast: A conversation about social consent

By Madeline Brown

Bros and Breakfast will return to campus on Thursday, Nov. 10 at 6 p.m. in Upper Marshall Hall. This year, the discussion will be focused on social consent faced in everyday life, and how that same consent applies to preventing sexual misconduct.

Jae Bates, a junior at Puget Sound, is the creator and primary organizer of Bros and Breakfast. "It's a way for people to come together," Bates said. "Usually we talk about toxic masculinity... about the role of gender-based experience and gender-based violence."

The group was established in the fall of 2015, and is preparing for its third consecutive Breakfast. There are two conversations hosted by Bros and Breakfast each school year: one in the fall semester and the other in the spring semester. Each event is an opportunity for the participants to have a more casual conversation about the role of masculinity in sexual assault prevention education. This gives students a unique opportunity to have an unpressured conversation about comprehensive prevention of sexual assault as opposed to similar discussions that primarily focus around specific circumstances, such as those involving alcohol or party culture.

Bates noticed a lack of conversation regarding the necessary connection between social consent and sexual consent: "I think I just saw a gap where [programs] were telling people how to be bystanders and also telling people generally how to ask for sexual consent but there just wasn't really a lot of applied everyday [situations taught]."

This same gap that Bates recognized was the inspiration behind the formation of Bros and Breakfast.

"When I was running the club DeMasc (Deconstructing Masculinity), I was pretty close to the person who was the SIRGE (Sexuality Issues Relationships Gender Education) coordinator then, and they had wanted to do some programming around masculinity, so they asked me to help them do that. We wanted to have a space that was for people to come have conversations about masculinity and so they really helped me conceive this idea. We wanted it

to be a round-table discussion, so I was just thinking about really approachable ways to have conversations."

While DeMasc does not meet regularly anymore, the conversation about masculinity progresses through Bates's presidency of Bros and Breakfast.

The feedback from the two events last year was largely positive.

"People love it. After the first one people stayed back an extra hour just to talk with each other. It really started a

"[T]his conversation especially is not gender specific because social consent and what it brings with it is applied to everybody and what they bring to relationships with people. So we really encourage anybody and everybody to come... it's for anyone in the Puget Sound community," Bates said.

conversation that needed to be started here on campus," Bates said.

If anything, the Bros and Breakfast members received an overwhelming request for further conversation and different topics to discuss.

"[I've learned that] the conversation needs to change every semester; it can't just be the same exact conversation because if you come together every semester to have the same exact conversation then you're not really going anywhere," Bates said.

After receiving the responses from the attendees of the event, Bates and his team of facilitators decided to change certain aspects of the event for this year. In the past,

the conversations were open, centered around personal interests. This year, there will be a theme to the discussion: social consent.

"This semester it's going to be a little bit different—we're all going to be having the same conversation about social consent and the role of social consent in sexual consent. So getting to understand how is it that rape culture has perpetuated even in ways that aren't necessary sexual... how to ask for consent for basic social things, like asking to borrow people's things or asking about people's personal space. Things that are completely non-sexual but have a lot to do with the way that we build ideas about people's personal body and their space," Bates said.

This central theme that will underlie the upcoming Bros and Breakfast discussion will therefore provide a clear lesson to be taken away from the conversation long after the event ends. Participants will learn about how social consent has contributed to rape culture, and also how with better education it can eventually prevent sexual assault and violence.

Bros and Breakfast was originally created as a resource for men to openly discuss and understand further the implications of their masculinity and how to utilize it in respectful ways.

"It's called Bros and Breakfast because we're really targeting male students to come out and talk about the experience of toxic masculinity and what it means to be men in different social spaces," Bates said.

All genders are welcome to Bros and Breakfast events.

"Anybody of any gender is welcome to the conversation. We get a pretty even balance of students who identify as male, female, or nonbinary. And this conversation especially is not gender-specific because social consent and what it brings with it is applied to everybody and what they bring to relationships with people. So we really encourage anybody and everybody to come... it's for anyone in the Puget Sound community," Bates said.

PAGE DESIGN/LUCAS CROWLEY

Logger football looks at past, present and future

By Emily Harman

The Puget Sound football team had the crowd on their feet as they beat Lewis & Clark College on Homecoming and Family weekend. Ending a three-game losing streak, the Loggers conquered the Pioneers 39-28.

"It was really nice to be able to turn the tide at Homecoming and beat Lewis and Clark and get back on the winning side of things," Puget Sound Head Coach Jeff Thomas said.

Senior quarterback Hans Fortune (Kenmore, Washington) threw four touchdown passes against the Pioneers and tied the school record for completions in a single game, with 46 successful passes.

His performance in the Homecoming game earned

him the title of Northwest Conference Offensive Student-Athlete of the Week. Fortune is currently ranked second in the Northwest Conference (NWC) in both passing touchdowns and passing yards. He has also gained national recognition; with 374.3 passing yards per game, Fortune is ranked third in NCAA Division-III and seventh in the nation across all NCAA divisions.

Several members of the Logger football team are ranked in the NWC alongside Fortune.

Senior Brennan Schon (Spokane, Washington) leads the league in receiving yards and yards per game. The wide receiver has received 751 yards for the 2016 sea-

son so far, and averages 125.2 yards per game. Schon's seven touchdowns, including the game winner against Lewis & Clark, place him third in the NWC.

The success of the Puget Sound football program has been years in the making.

In 2012, the year the current senior class was recruited, the football team was 0-9. The seniors' first year, the team won a single game. The next year they won four games, and last year they won six games and lost three, the highest the Loggers have ever finished in the Northwest Conference.

However, the Logger football program prides itself on more than just results.

"The totality of growth of the win-loss record has been really exciting to see," Thomas said.

"But more important than that is that our team GPA has crept up to now being at the 3.0 mark."

Along with academic accomplishments, Thomas is proud of his team's ability to be active and engaged members of the campus community.

"The overall cohesiveness that the football team has with the student population has grown much more close over the past four years and our senior class is a major part of that. For me, that is really exciting to see," Thomas said. "To want to be great in football and also be involved I think is unique and is what makes the Puget Sound football experience different than most."

Another way the team is striving to be different is by giving players the opportunity to study abroad, an experience that is often limited by athletic commitment. The Logger football team is traveling to China in the spring of 2017.

"That is one of the tangible things that we are doing differently, and we are taking a lot of pride and excitement in it," Thomas said.

The team will leave for China the day after graduation, and will spend nine days in the country. For now, the Loggers are focused on finishing out the 2016 season, hopefully with another winning record. If they are successful, it will be the team's first back-to-back winning record since 1986.

"To have back-to-back winning records for the first time since any of these players have been alive, that would be pretty cool," Thomas said.



PHOTO CREDIT: LOGGER ATHLETICS

Men's soccer working through tough season

By Kevin White

High expectations can be tough; just ask the men's soccer team. Despite strong talent and hard work, it would still take a miracle for the team to capture a Northwest Conference title. Instead, the team will spend its final three games in a fight with Pacific University (Oregon) and Pacific Lutheran University to finish second in the conference.

The Northwest Conference takes a unique approach when it comes to determining its soccer titles, at least among Division III conferences. There are no conference playoffs; the winner is determined by the table (similar to the English Premier League). This means no Cinderella runs to the title, and for the Loggers, who are in fourth place—nine points behind Whitworth—a nearly nonexistent shot at the title this year.

The team came into the season with aspirations to win the conference title. The team possesses the talent, and has played well for most of the season. The team played its best in the first half against Whitworth, according to sophomore Brandon Gonzales (Denver, Colorado): "everything was clicking." Junior Vincent Von Luehrte (Los Gatos, California) agrees: "we had a game plan and we executed it."

The team also had the game plan to win, and the coaching staff set the team up for success. Junior Ezra Kraus (Harvard, Massachusetts), the team's leading goal scorer, attributed his success to the game plan: "The coaching staff has given me situations in the preseason and in practice to perform like I'm in a game." According to Kraus, the coaches plan for every game differently, adjusting the strategy to be attacking

or defensive depending on the opponent.

The issue for the team was the lack of a championship drive. When the talent and the plan is there, it becomes about execution. Nobody regrets missing opportunities, such as close losses and ties in overtime, more than the team. According to Von Luehrte, "[i]t doesn't feel like these teams are beating us; we're beating ourselves."

With the season winding down, attention will turn to next year. The team will need to replace some important pieces, with starting goalkeeper Jacob Palmer (Portland, Oregon), starting backs Tristan Stevenson (Chiang Mai, Thailand) and Nolan Haver (Puyallup, Washington) and starting forward Josh Sonico (Cathedral City, California) all finishing their last year of eligibility. The team does return Kraus, leading assist man Luke Murdock (Boise, Idaho), as well as important pieces in Von Luehrte, Zac Lokay (Boulder, Colorado) and Gonzales. Sophomore goalie Wren Norwood (Kenai, Alaska) played six games in goal for the team, and had an impressive 1.35 goals against average (GAA).

Next year, the team will once again look to capture a conference title for the first time since 2006. The team sees the work in the coming offseason as incredibly important to their success. Sophomore Sam Gonzalez (Boise, Idaho) identified mental strength as an important key to success next year.

If the new starters can step up and the returners can set the pace, a championship mentality could form and the Loggers could once again return to the top of the table.



PHOTO CREDIT: CALEB MARTIN

Sports Recaps

By Ally Benko

WOMEN'S VOLLEYBALL

Puget Sound's women's volleyball team hosted Whitworth and Whitman on Friday, Oct. 28 and Saturday, Oct. 29. Both games resulted in a loss, shifting the team's record to 14-8. Friday's game against Whitworth was Dig Pink night, a fundraiser held by the Student-Athlete Association Committee (SAAC) for the Carol Milgard Breast Cancer Center that is located in Tacoma; the team and fans wore pink in support and raised 278 dollars. Saturday was the team's last home game of the season and the two senior Captains, Kristen Lane and Riley Lawrence, were honored. The next game for the Loggers will be Friday, Nov. 4 at George Fox.

MEN'S FOOTBALL

The University of Puget Sound Football team lost 31-20 at Pacific Lutheran on Oct. 29. The Loggers were down 10-3 at halftime, but came back with 17 points to lead 20-10 until late in the fourth quarter. PLU scored a quick touchdown, forced a change of possession, scored another touchdown and then forced a fumble. Off the fumble PLU then scored a final time, which led to the score of 31-20. The loss puts Puget Sound at 3-4 on the season. The Loggers' next game is on Saturday, Nov. 5, and will be the final home game of the year.

WOMEN'S SOCCER

The women's soccer team for Puget Sound won both of their games over the Halloween weekend, improving their record to 13-2-3. After playing Willamette at home on Saturday, the team went on to host Linfield Sunday; Willamette was won by a score of 1-0 while the Loggers scored twice on Linfield. The next game for the team will be Wednesday, Nov. 2 at Pacific Lutheran.

MEN'S SOCCER

Puget Sound's men's soccer team won its two matches over Halloween weekend. The Loggers took on George Fox at home on Saturday, Oct. 29 and won the game 1-0; junior Ezra Kraus scored the team's only goal. On Sunday the Loggers beat Pacific (Ore.) 4-1. Kraus scored three more times in that match, giving him a total record of 11 goals this season. He is the first player since 2013 to reach double digits in scored goals. The Loggers will play their last game of the season at home on Saturday, Nov. 5 against Pacific Lutheran.

CROSS COUNTRY

Over Halloween weekend Puget Sound's Cross Country team ran in the Northwest Conference Championships (NWC). The men's team finished seventh overall, while the women's team finished fourth. Senior runner Tori Klein earned All NWC First Team for the first time in her four years; she placed sixth in the Women's 6 Kilometer with a time of 22:27.80. For the men, junior Ghermia Lizier-Zmudzinski placed fifteenth in the 8k with a time of 26:23.3.

SWIMMING

The Northwest Conference Sprints and Relays were held on Friday, Oct. 28 and Saturday, Oct. 29. In the sprints the Puget Sound women's team placed third with 108.17 points and the men's placed fourth with an even 116 points. Pacific Lutheran won the sprints for both men's and women's. In the relays on Saturday the men's women's and combined teams all respectively won third place, with the men's team winning its event. The Loggers will be in the pool again on Friday, Nov. 4 when they swim at Lewis and Clark.

Men's, women's crew end fall season on strong note

By Gabi Marresse

The Puget Sound men's and women's crew teams raced at the Charlie Brown Regatta in Portland on Saturday, Oct. 22. After the home regatta was canceled a week prior due to weather and an hour-long fog delay, the team competed in their only race of the fall season.

"For both the men's and women's crews, we felt like we had the opportunity to hit the 're-set' button this fall," Aaron Benson, head crew coach, said. The women's varsity eight team set the bar high with the first win of the day. They beat Lewis and Clark College by eleven seconds with a time of 14.24.

"We didn't necessarily see the results we were hoping for last season, so we were pretty pumped this weekend when we won," sophomore Lily O'Connor (Yakima, Washington) said.

The women's novice eight and varsity four teams also took first. The women's novice four fell short, taking second behind Portland State with a time of 20.29. Last week the women's varsity eight was named the Northwest Conference Crew of the week. "Based on results from last spring as well as the opportunity to train in a new and improved space, we've been far more in-

tentional in our approach to seeking boat speed through fitness. I think we saw that pay off in Portland with success pretty much across the board," Benson said. On the men's side all four crew took first place in their races. The men's novice eight won by over a minute and beat rivals Lewis and

Clark by 13.59, beating Lewis and Clark by 20 seconds and University of Oregon by over a minute. The men's varsity of four also took first, beating Oregon's A team by 11 seconds.

"The interesting thing about crew is that most of the people on the novice teams have never done the sport before. Both novice teams, on the men's side, did notably well," sophomore Alex Klein (Seattle, Washington), said.

Since the fall season has come to an end, the teams will work on land training and improving their conditioning over the winter. Their spring season will begin on Saturday, March 11, 2017 at the Pacific Lutheran University Invitational.

The men's novice roster is looking to increase their size by welcoming any interested athletes to join the team for the spring season. "No experience is needed, but prospective rowers need to contact me at mwilly@pugetsound.edu this semester to get started on the process," said Willy.



PHOTO CREDIT: LOGGER ATHLETICS

Clark by almost 90 seconds. The men's novice four won by three minutes and 69 seconds. "In spite of some last minute lineup changes due to illness, each of the crews racing in the fours also doubled up and rowed in the eights events," Michael Willy, men's varsity coach, said. The men's varsity eight took first with a time

NBA preview for 2016-17 season

By Will Keyse

A new season of NBA basketball kicked off last week with the defending champion Cleveland Cavaliers receiving their championship rings before their game against the new-look New York Knicks. Cleveland looks to repeat their run to the NBA Finals, but will face heavy opposition from teams loaded up with new free agents.

The offseason this winter was filled with blockbuster moves and big market teams landing some of the league's best players. In perhaps the largest move of the summer, Oklahoma City Thunder star Kevin Durant parted ways with his longtime franchise to team up with Klay Thompson and Steph Curry on the Golden State Warriors.

The Warriors, already considered by-and-large the premier team in the league, added a two-time former MVP and scoring champion to their roster, sending the expectations through the roof and placing a target on their backs as the team to beat this season. Several teams in the Eastern conference saw the dynamic of their lineup shift drastically—most notably the New York Knicks and the

Chicago Bulls. Longtime Bulls players Derrick Rose and Joakim Noah signed with the Knicks to form up with Carmelo Anthony in an effort to dethrone LeBron James and the Cavs as the best team in the East. Dwyane Wade moved on from the Miami Heat after

talent, with the Minnesota Timberwolves trio of Karl Anthony-Towns, Andrew Wiggins and Zach LaVine, and the dynamic backcourt duo of Damian Lillard and CJ McCollum for the Portland Trail Blazers looking to make deep runs into the playoffs.

This year's NBA season will be missing several surefire Hall of Famers that retired last season. Kevin Garnett retired as a Minnesota Timberwolve after 20 energy-filled years in the NBA. Tim Duncan retired from the San Antonio Spurs after a 19-year career, bringing five championships to Southern Texas, and leaving the franchise in the hands of Lamarus Aldridge and Kawhi Leonard. Kobe Bryant also called it quits on a dominant and iconic career this past season, and his Los Angeles Lakers will be in true rebuilding form. The Lakers look to center their success around top draft picks Brandon Ingram and D'Angelo Russell.

The season began on Oct. 25, and Puget Sound students can continue to get their pro basketball fix through May and June of next year with the NBA playoffs.

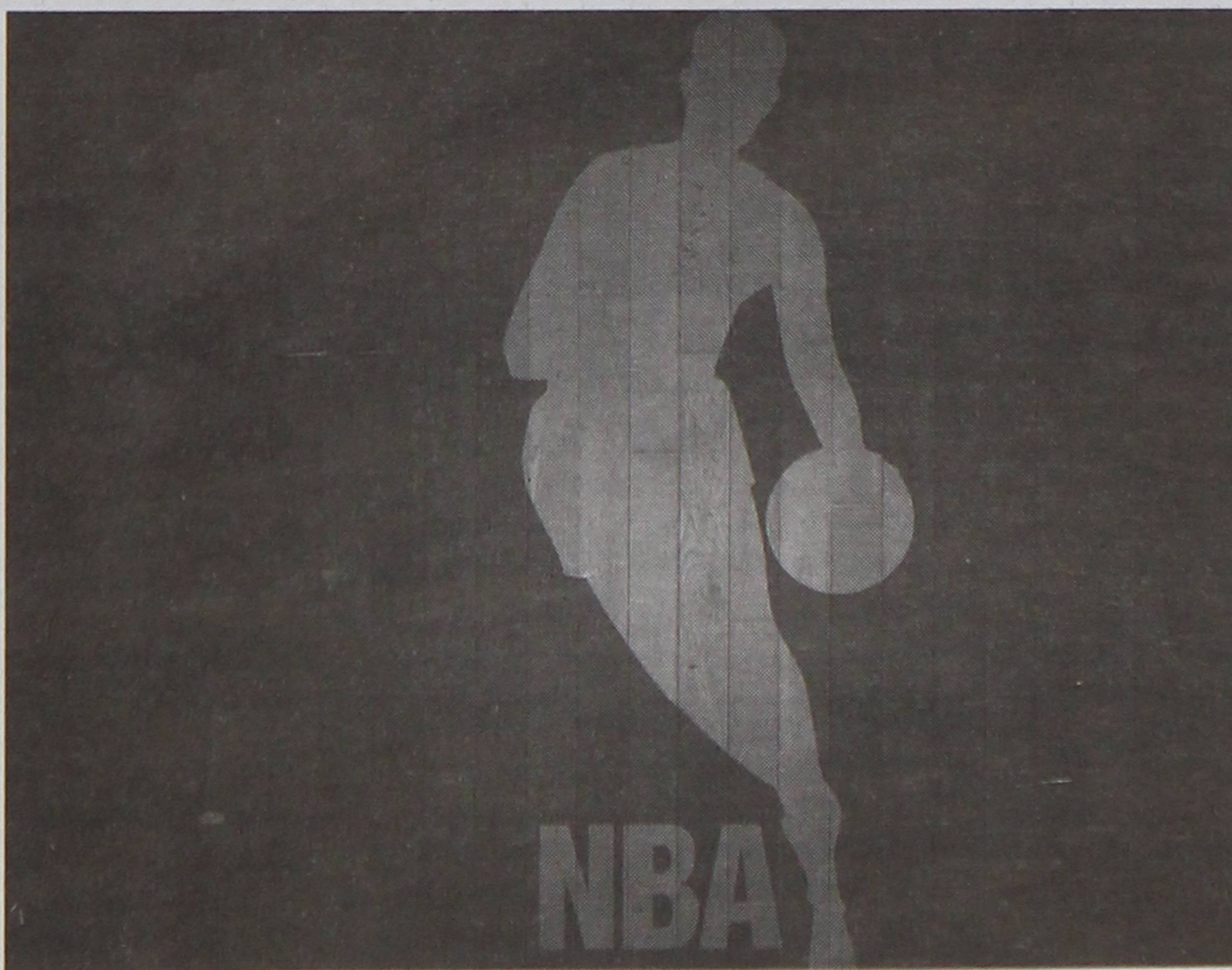


PHOTO CREDIT: MICHAEL TIPTON

Combat Zone is The Trail's satire section.

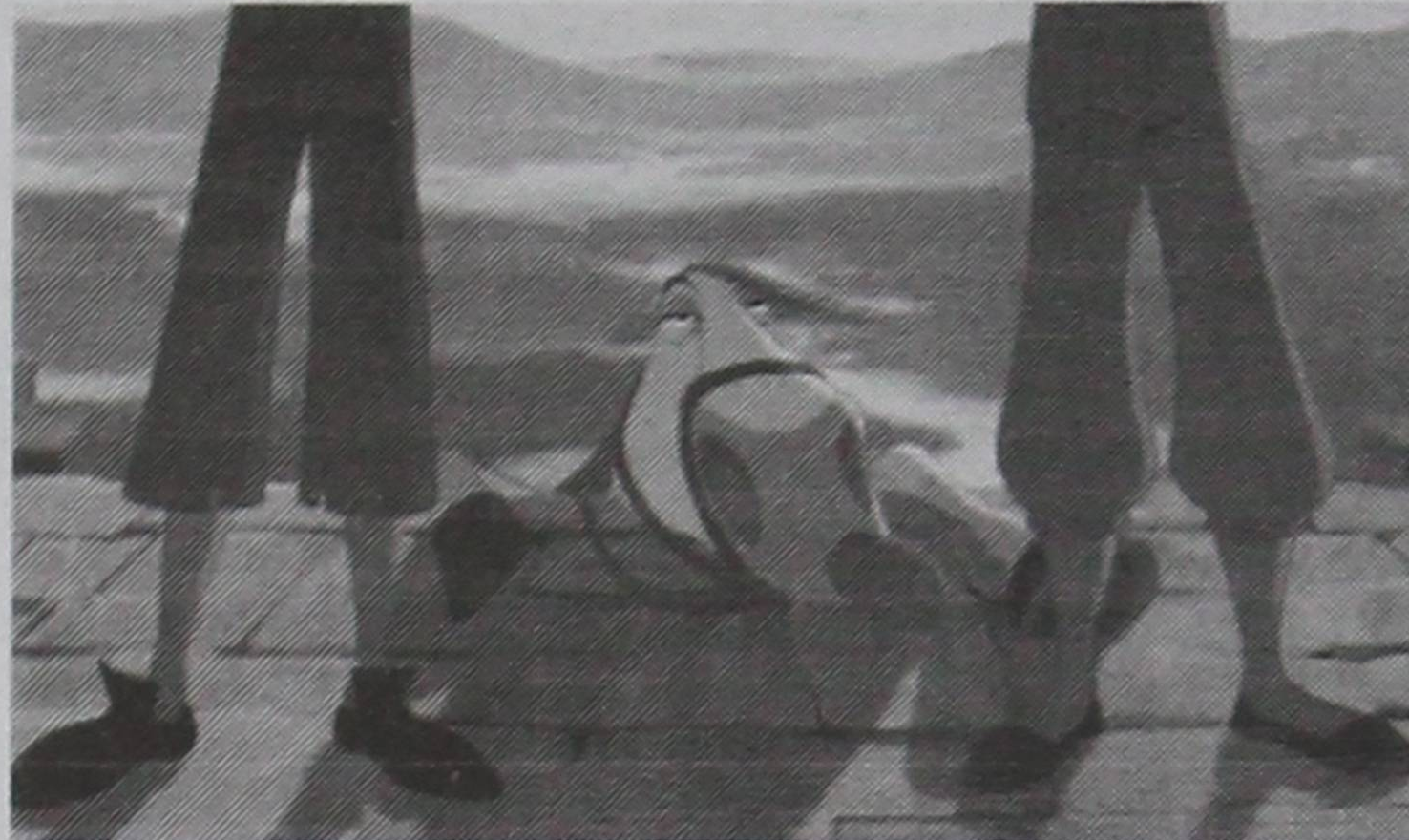
The Combat Zone is intended to be a satirical work. The views and opinions expressed by the Combat Zone do not necessarily reflect those of The Puget Sound Trail, ASUPS, concerned parties or the University of Puget Sound. Please submit compliments or complaints in the form of letters to the editor.

Eight things all Puget Sound students can relate to

1. That feeling when you have to walk to the third floor of Thompson

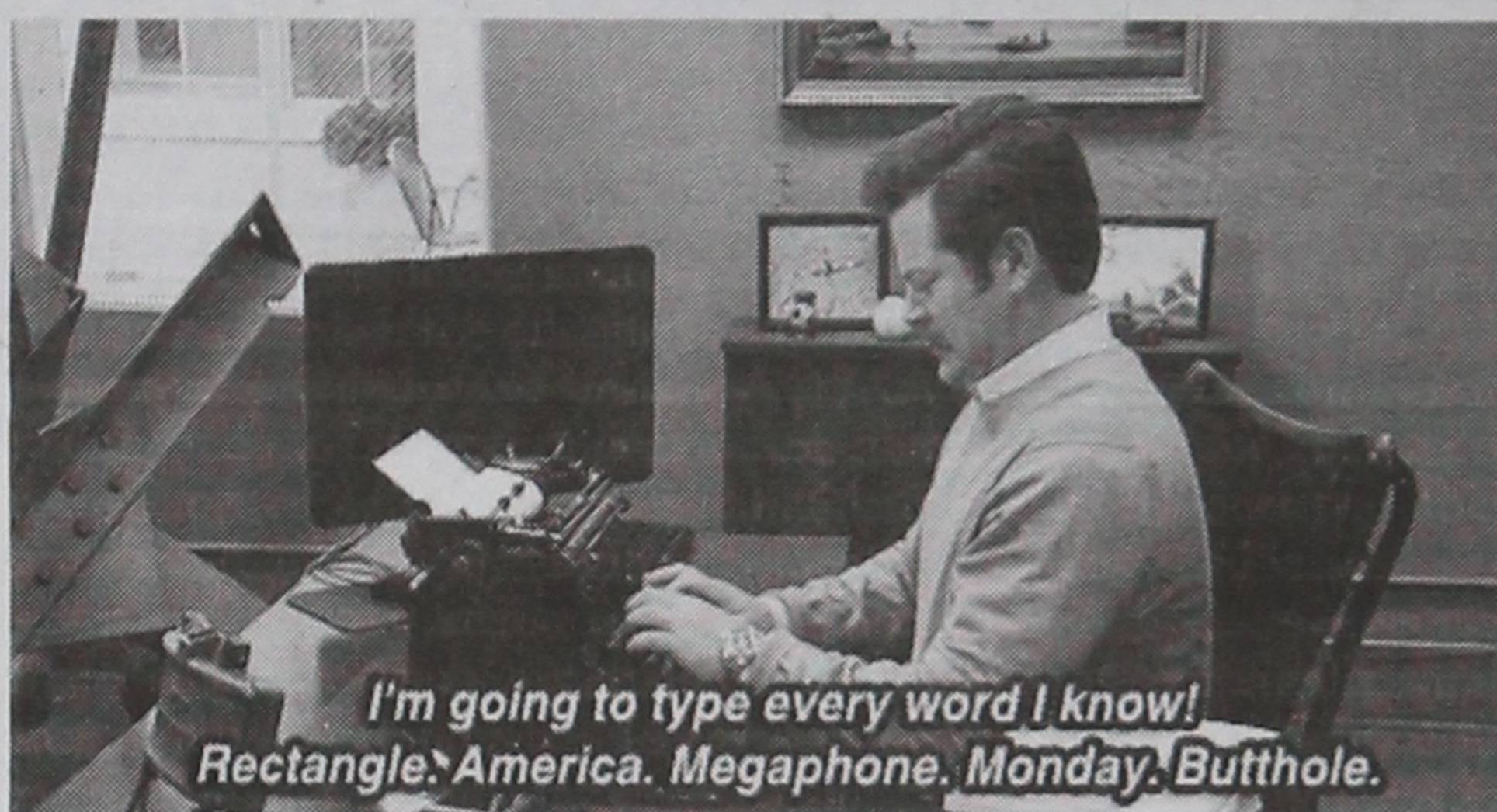
OK, so if this could move, it would show a person really out of breath. Well, it's a horse. But we can relate to the feeling of being tired and out of breath, like this horse. Sorry that it can't move.

It would basically be that scene from the "Road to El Dorado," where they have to climb the stairs leading to the temple, and the chief and high priest scale it like some magical freaking mountain goats, and then it just cuts to this shot of Tulio and Miguel and Al Tivo the horse feebly clawing at the stairs, looking like they barely escaped the jaws of death itself.



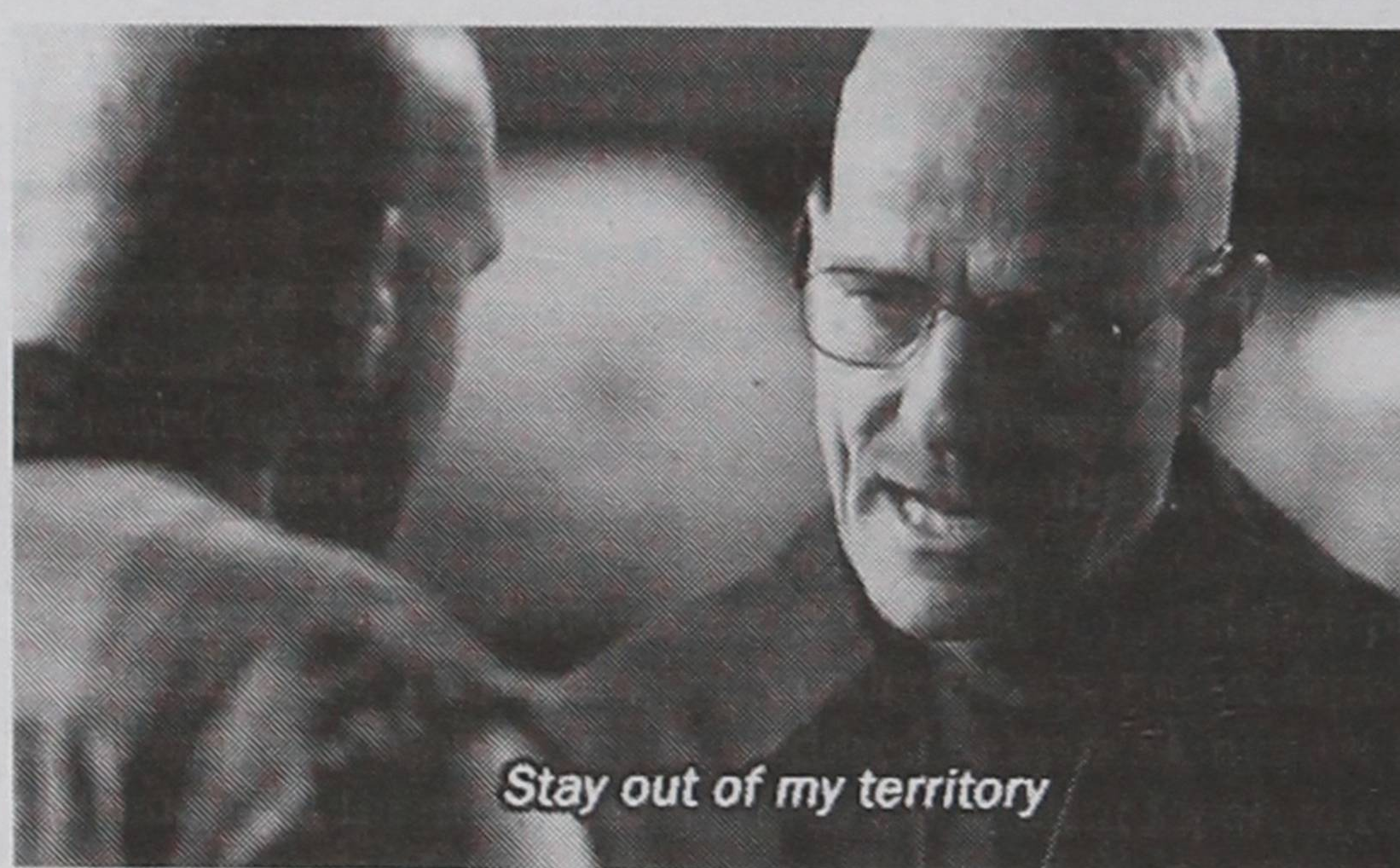
3. When your research paper is due in three hours and you realize that you've sorely miscalculated how long it will take you to write it

Ok, so this GIF is from "Parks and Rec," when Ron Swanson gets a new typewriter, and he decides to type out a long string of completely random words in no particular cohesive order. You know, like when you decide to sit down and literally translate the stream-of-consciousness word dribble in your brain onto paper, and then you later try to make sense of it and you can't because it's just... anyways. If you could see the gif, it would make sense. Trust me.



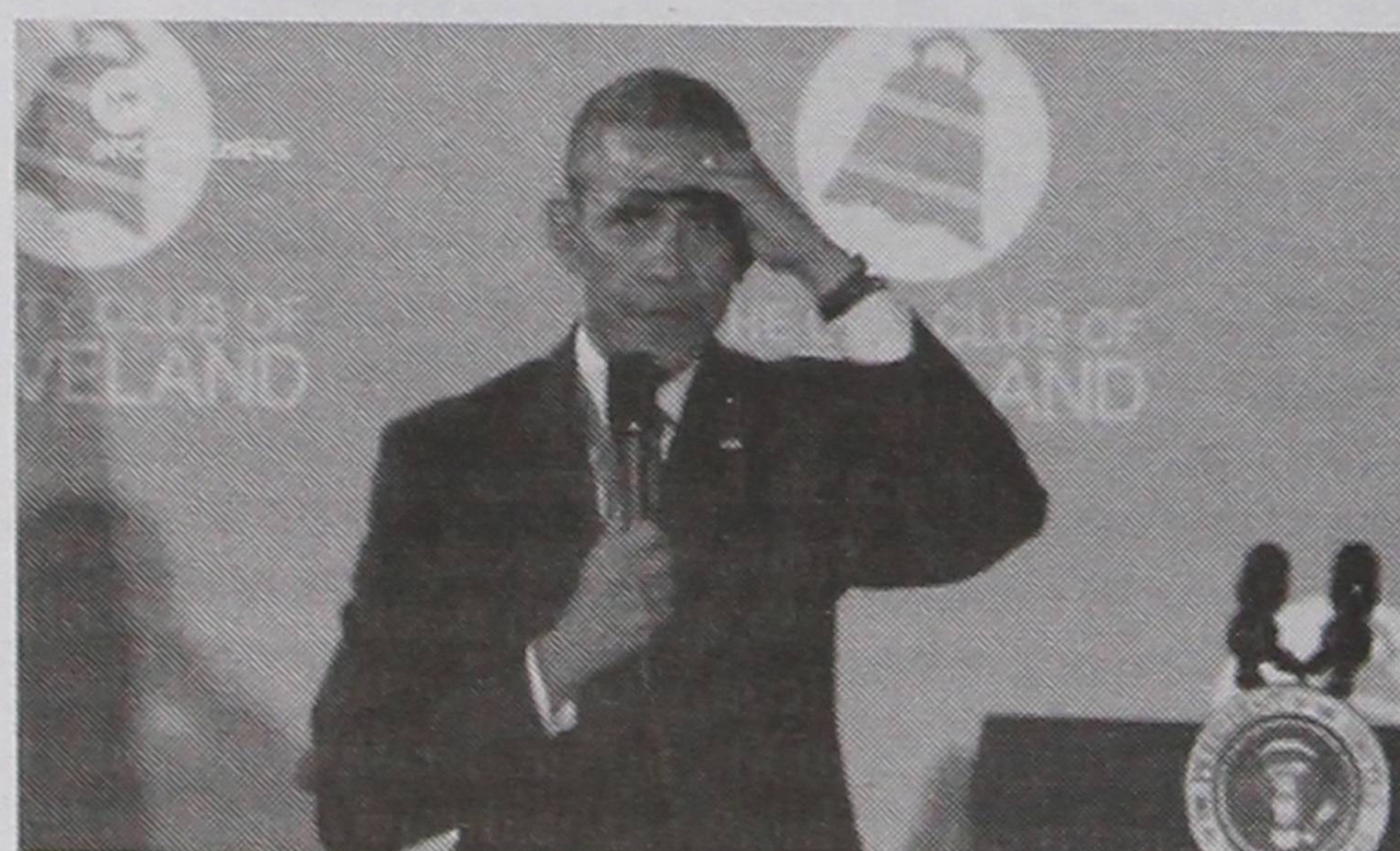
5. When you see a non-major in your Resource Room

Walter White is saying "Stay out of my territory." That's it. You're not missing much with this one. Please, could I just show you, like a draft of this or something? Can you give me your Google email so I can share the Docs version with you? This is so funny.



7. How long it takes to find a friend walking around on campus

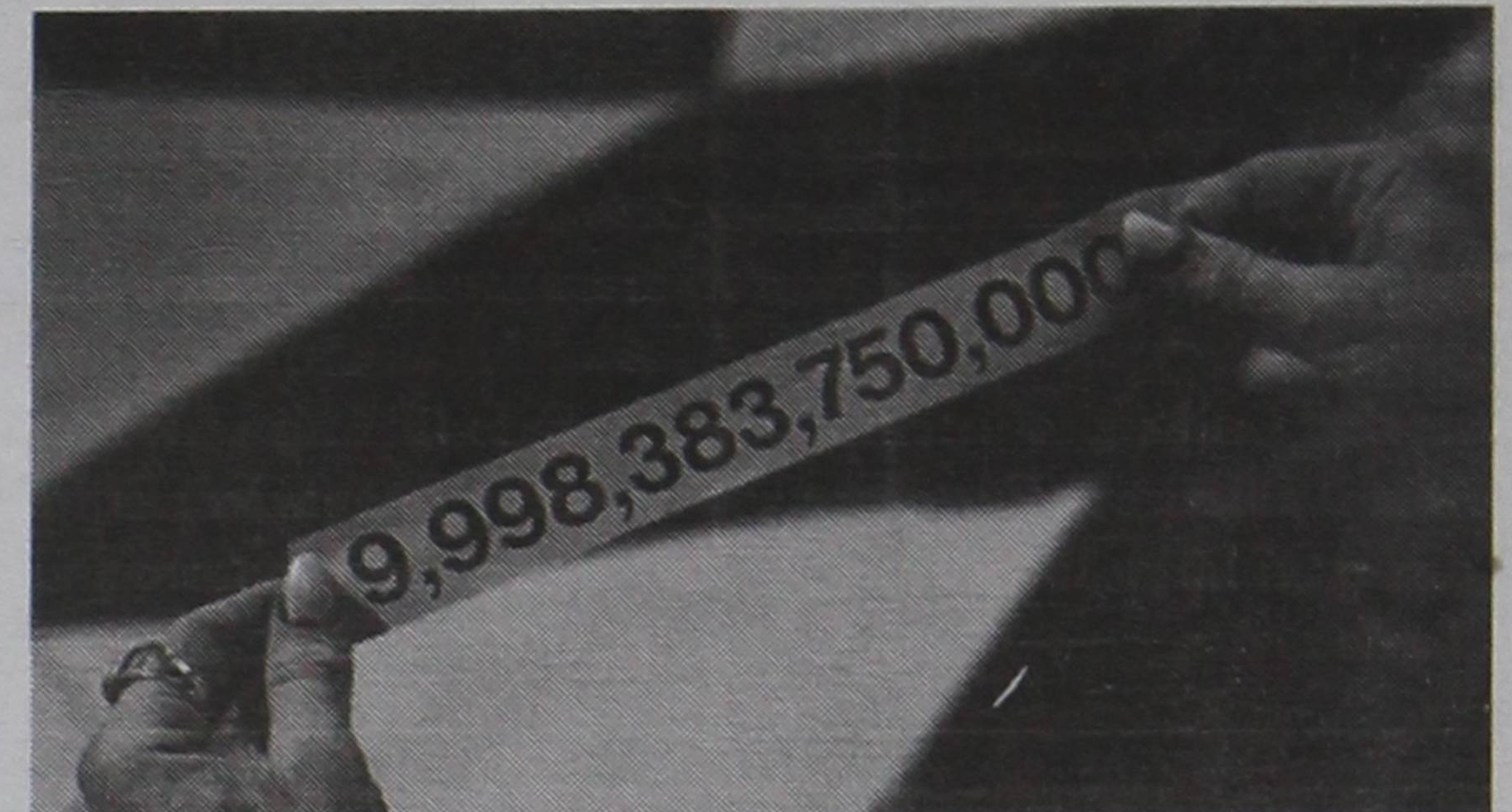
Ok, so President Obama looks around for a half second, then he points directly at someone. This is relevant to the caption because we go to a really small school and therefore, it is relatively easy to find someone you are friends with around campus. It's perfectly timed—you think he can't find what he's looking for just long enough to hold suspense. Then, when you least expect it, he contentedly points in the direction he was searching for.



By Pagliaccio and Anna Graham

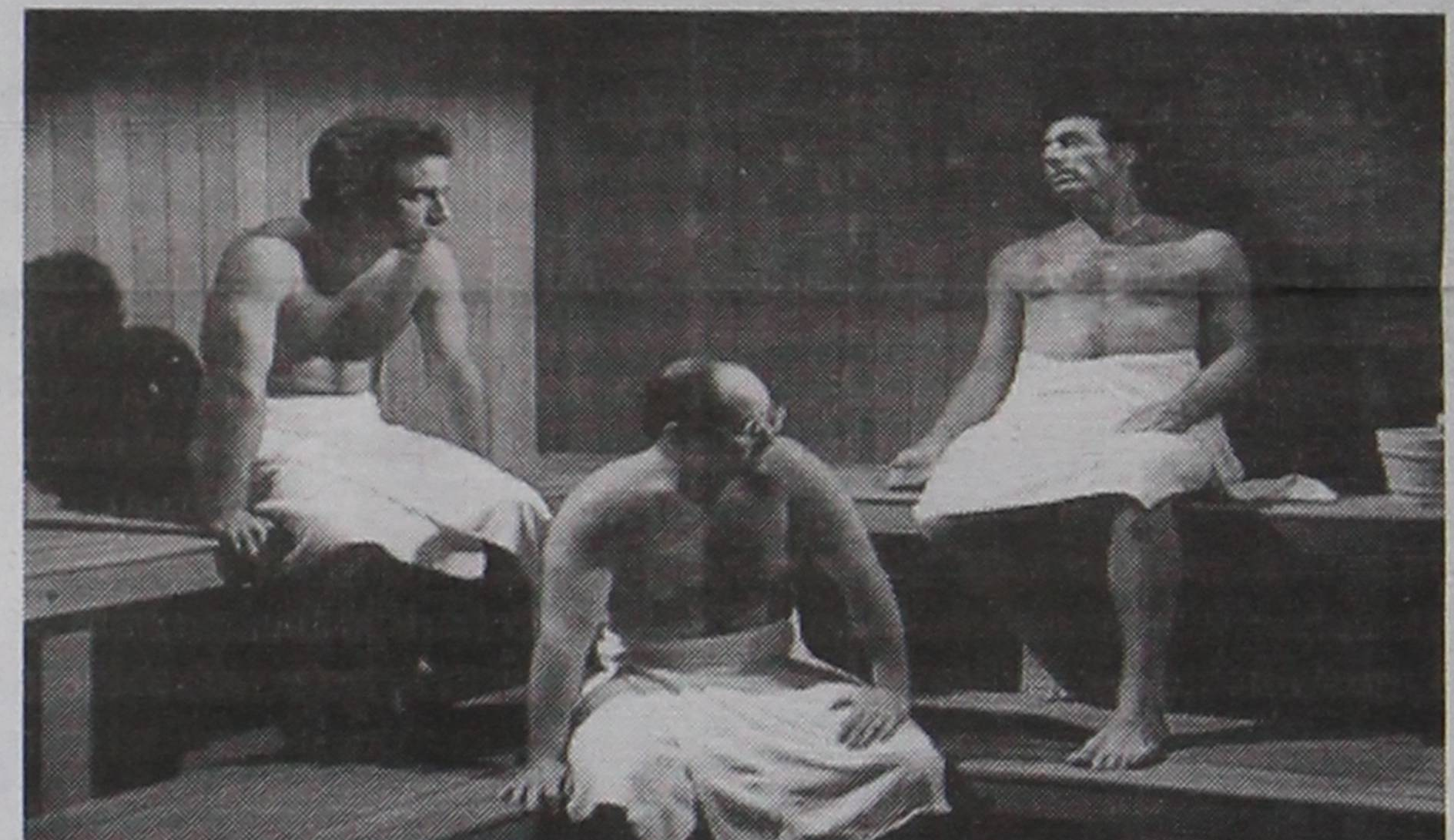
2. When you sign up for a counseling appointment at CHWS

This comes from the Tim Burton classic "Beetlejuice." Michael Keaton plays the titular character, who is in a waiting room. The number he has from the little number machine (what are those things called, by the way?) is absurdly high in comparison to the number on the screen. That's the joke in this scene. These GIFs are hilarious and we wish you could read them.



4. When you enter the library or the Cellar

Ok, so if this one could move you would laugh at a couple different things. Firstly, Cosmo Kramer from the 1990's hit sitcom "Seinfeld" is in a sauna and is sweating a lot. This relates to the Cellar and to the library because both are often very warm. The GIF shows Kramer glancing down at his moist bicep, then saying, "It's like a sauna in here." Obviously, it is 'like a sauna' (a common phrase demonstrating the caliber of heat) because they are in a sauna. Next, George and Jerry look at Kramer in unison with perfect comedic timing. Very funny. Oh, if only you could see it.



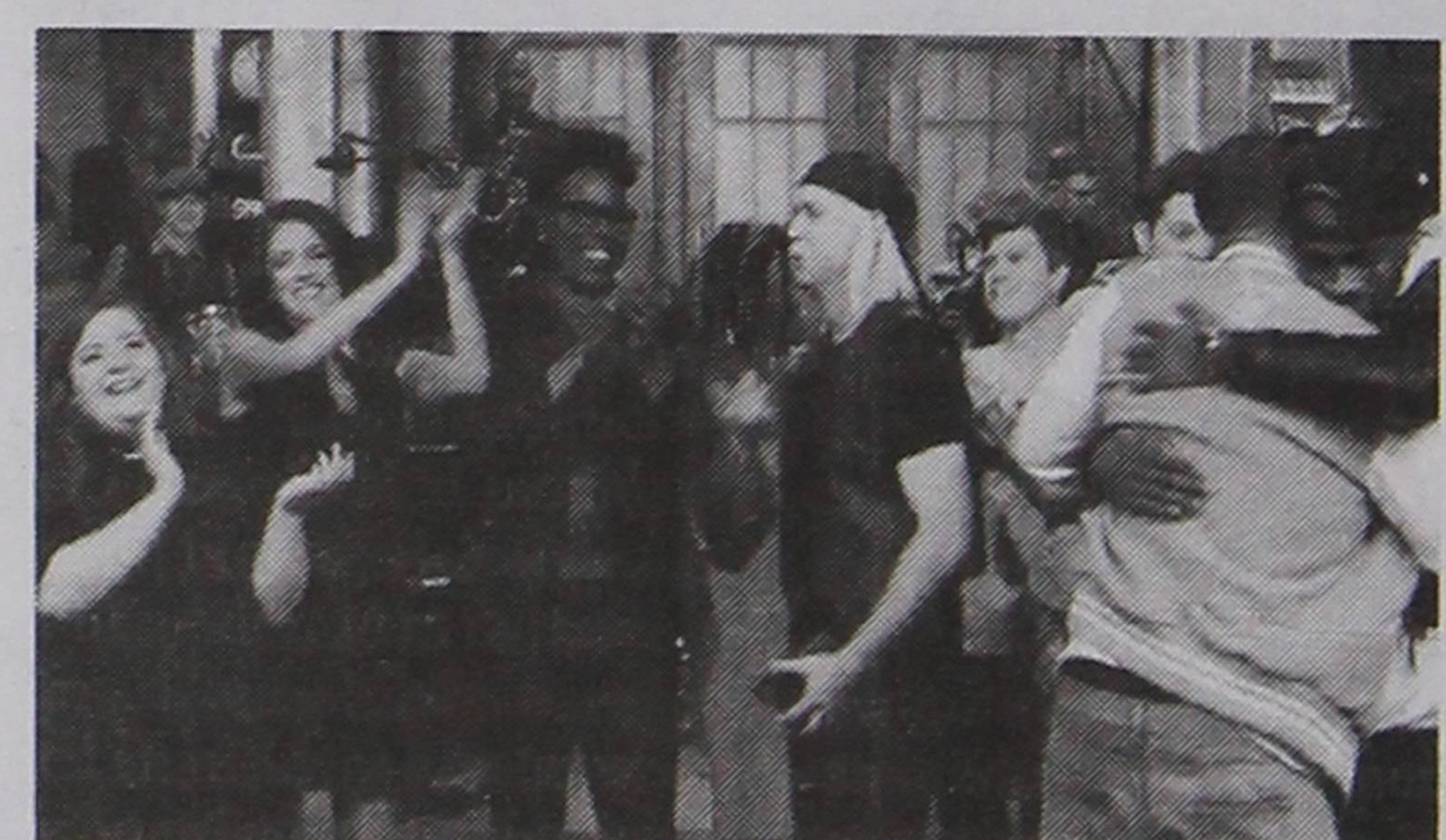
6. When you tally up the price of your textbooks for next semester

This is a gif of Kristen Wiig in the movie "Bridesmaids," when she gets super drunk and tries to sneak up to first class on an airplane, pleading with the flight attendant, "Help me, I'm poor." I think this one is pretty self-explanatory.



8. But most of all, we all know the feeling of our pride in our wonderful school and our Loggers!

They're hugging. You get it. But please, download The Flail Online so you can consume real content.



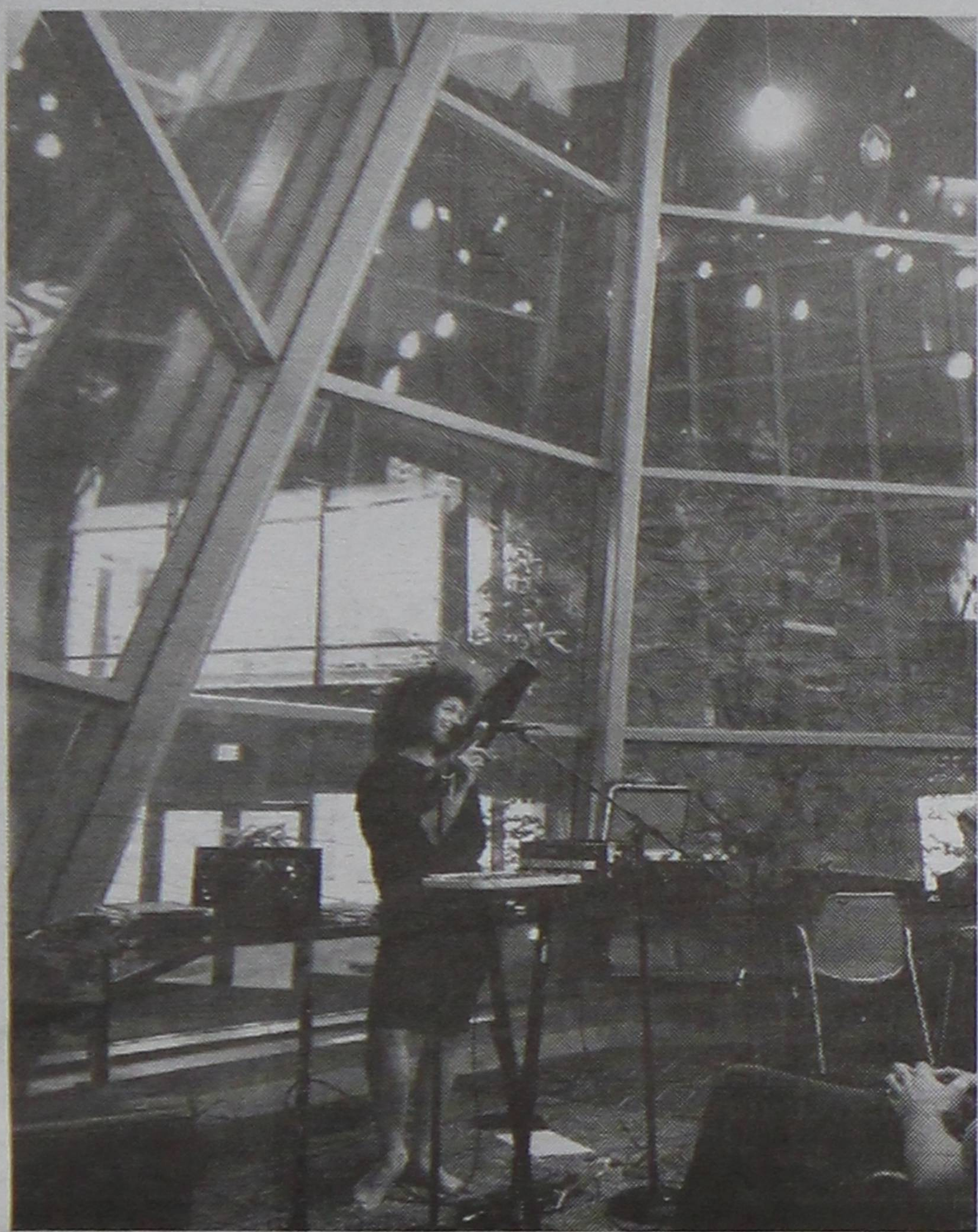
ALL PICTURES COURTESY OF GIPHY.COM

Like A Villain performs at Oppenheimer Cafe

By Anya Otterson

Starting off quietly, Holland Andrews—better known by her stage name, Like A Villain—breathed her calming voice into the microphone. As the song built, her voice did too, spiraling in and out of force and peace. Andrews played an after-hours show for Puget Sound students and members of the community at Oppenheimer Cafe on Friday, Oct. 29.

Like A Villain's music is experimental, combining the clarinet, the glockenspiel, and her voice to create cacophonies of sound. Using looping pedals, she is able to sing or play a melody and put it on repeat, leading to a steady building of sound as the song progresses.



PHOTOS COURTESY OF LIKE A VILLAIN

This looping makes it seem as though there are multiple voices and instruments being played, when really, it is all her.

At Oppenheimer, Like A Villain displayed extreme mastery over her voice. She was able to take it from soft, throbbing notes to harsh, screamed notes, showing that within her is a powerful talent and skill that can often be hard to find.

Her sound can best be described as psychedelic. It takes the listener far away from the present, presenting him or her with an otherworldly, out-of-body experience. It is as enthralling as it is mind-blowing, and it leaves listeners thinking about the show long after it's over.

Sophomore Aidan Regan, the university's Northwest Sounds Programmer, is the one behind this show. As Northwest Sounds Programmer, Regan's job is finding musical acts in the Pacific Northwest and bringing them to Puget Sound for students and community members alike to enjoy. These shows allow people to experience new acts that they may otherwise have not gotten the chance to see.

Regan has seen Like A Villain perform multiple times, starting at Tree Fort, a music festival in Boise, Idaho. He described her as one of the best performers he has ever seen.

"There's a lot of raw energy there. It's kind of electronic, but very human, and very much her," Regan said.

Having so enjoyed her past performances, Regan reached out to the Portland-based artist to bring her to campus. The entire process took a little over a month, including contacting Like A Villain, getting contracts signed through ASUPS, reserving Oppenheimer, and getting lights and sounds set up.

Senior Celia Rizzo worked at Oppenheimer during the show, and found herself getting really into Like A Villain's music.

"I wasn't expecting to like her as much as I did," Rizzo said. "I was just sitting there, and I could picture it in a

movie."

The venue itself is perfect for Like A Villain's interesting music. The combination of the cafe's shape and the hanging lights reflecting off the glass added to the psychedelic mood of the music.

"Especially with the weird Opp acoustics, it really echoed," Rizzo said.

In the end, it all came together and resulted in a memorable experience for everyone who attended.



The Year Feminism Won? The 2016 Election in Perspective

By Courtney Seyl

This article discusses the position of ASUPS Lecturer Nancy Cohen and on the 2016 Presidential Election. It does not represent the position of The Trail or The University on these issues. We encourage those who wish to learn more about the election to do so using a variety of sources.

Presenting 2016 as the Year Feminism Won was a bold statement and one that ASUPS Lecturer and historian Nancy Cohen doesn't use lightly. On Tuesday, Oct. 25, Nancy Cohen visited the campus to discuss the 2016 election and the implications that come with electing a female president. Cohen is a columnist, author, historian, and leading national expert on women in American politics and has spent much of this election season interviewing women for her new book "Breakthrough: The Making of America's First Woman President."

But, why is this the year feminism won? Cohen said "We have made real progress, there has been a real shift, the future is looking feminist." She described her experiences interviewing women in politics for her book and told the story of interviewing former Texas Senator Kay Bailey Hutchison, a woman who had wanted to run for president multiple times since 2000. Cohen said that Hutchison believed she could have been president, but because of the Bushes she felt unable to run; there was "Texan Fatigue," as she put it for Cohen.

Trump's loss is inevitable to Cohen, along with much of the republican party. According to Cohen, "a large number of republicans know Donald Trump is going to lose....When historians look back at 2016 they will say Donald Trump lost the election because of women."

Historically, according to Cohen, women have favored Democrats. Cohen said that "women have a much higher turnout [in voting]." But the result is a gap in the voting dynamics. Cohen believes this is because "men are sharing women's opinions, but

[these issues] are not important to their vote."

What Trump did when he said he never assaulted women was, according to Cohen, "trigger[ed] a national conversation about sexual assault [and] provoke[ed] a conversation about how sexual assault is a men's issue as well as a women's issue."

Why is this the year feminism won? Cohen ended by saying "people want to see America reach this historic milestone...Women [will] get it done for women." She is confident that this is the year America will join more than 50 other nations in having a woman as president.

Cohen ended the night with a Q and A session with the audience.

Students had a variety of reactions to Cohen's lecture. Senior Lydia Gebrehiwot said, "The talk felt very limited in its discussions of feminism, but this was somewhat expected. Particularly during question and answer, the speaker argued that Hillary is intersectional because she has worked with black women, basically projecting the 'I'm not racist because I have black friends' argument onto a political platform. To say the least, this felt like an unsatisfactory response to the oversaturation of whiteness and neglect of LGBTQ+ identities in discussions of feminism."

ASUPS Director of Marketing and Outreach Tony Calabrese-Thomas added, "I had been really excited of hearing a 'leading national expert' on women and American politics, especially at such an important time in history where we find ourselves revisiting the topic of intersectionality in feminist movements. The lecture was really disappointing. The fact that Nancy Cohen's answer to the question 'the Year Feminism Won?' was 'Yes' was astounding and indicative of too much white cisgender feminism in our country, and if anything speaks to the larger issues of racism and transphobia that exist among our nation's 'leading experts'."



PHOTO COURTESY OF PRESLEY REED

Hispanic Film Festival concludes with an embrace

By Georgia Diamond Gustavson

"The river is a snake," Karamakate, an Amazonian shaman in the Ciro Guerra-directed film "Embrace of the Serpent," said. "And that is more real than what you call 'real.'" The last installment in this year's 12th annual Hispanic Film Festival at the University feels like a dream, even though everything that happens has a very real place in the horrifying history of missionaries and rubber industries coming to the Amazon.

The film follows two distinct journeys from Karamakate's life, 30 years apart; in both, he leads a white explorer to a sacred, hallucinogenic healing plant that is supposed to give one visions. Both ventures end shockingly and quite differently from one another. From them, we see not only Karamakate's personal growth but also the strains of white and indigenous relationships and the sacrifices indigenous people have to make for survival in an unfair world.

"Embrace of the Serpent" only has about four major characters, all of which we get to know intimately. Despite being an adventure film, it moves slowly, and we follow the characters closely. From such a close

perspective, the audience is able to really feel the strain and pains of what happens when a culture is dying. A concept so big and so unrelatable for many of us can be hard to quantify, but here, the incredibly well-acted tears, revulsion and anger that come from Karamakate's lonely existence as being one of the last of his kind bring such issues to life.

The film takes lots of time to follow rituals and exchanges between cultures. These intricate studies give the movie an anthropological feel, almost as if it is attempting to preserve what is being lost. Many languages are spoken: Spanish, German and some indigenous tongues, and only when appropriate. Even the music, which is eerie, minimal and only comes during a few crucial moments, is accurate to the cultures represented in the film. At one point, the white botanist plays a German classical piece on a record player, saying it reminds him of his family, his ancestors. "Do not let your music go away," Karamakate said at one point to some children who had been captured and assimilated by missionaries. It seems that this film is trying hard to listen to him. Not only

are the people in "Embrace of the Serpent" memorable, complex characters, but the Amazon itself is as well. Filmed entirely in black and white, the scenery takes on a mysterious, alien quality that is dreamy, beautiful and dangerous. It opens up with strange swirls of flashing black, which later reveal themselves to be the surface of the Amazon River. Snakes give birth and their glistening bodies tangle with one another. White, angelic butterflies cloud the screen. A jaguar, the same one that came in a dream and told Karamakate to protect his anthropologist companion, observes the audience closely among jagged shadows. Something about these images makes the setting intimidating, but also rare and precious.

Dark, horrifying, dreamy and beautiful, "Embrace of the Serpent" is a moody and impactful piece that gracefully represents a part of Latin America of which many of us have little knowledge. It's a practice in empathy, respect and cultural understanding, on all sides of the history it tells.

Hip-hop artist, activist, and scholar: Olmecca, *live*

By Parker Barry

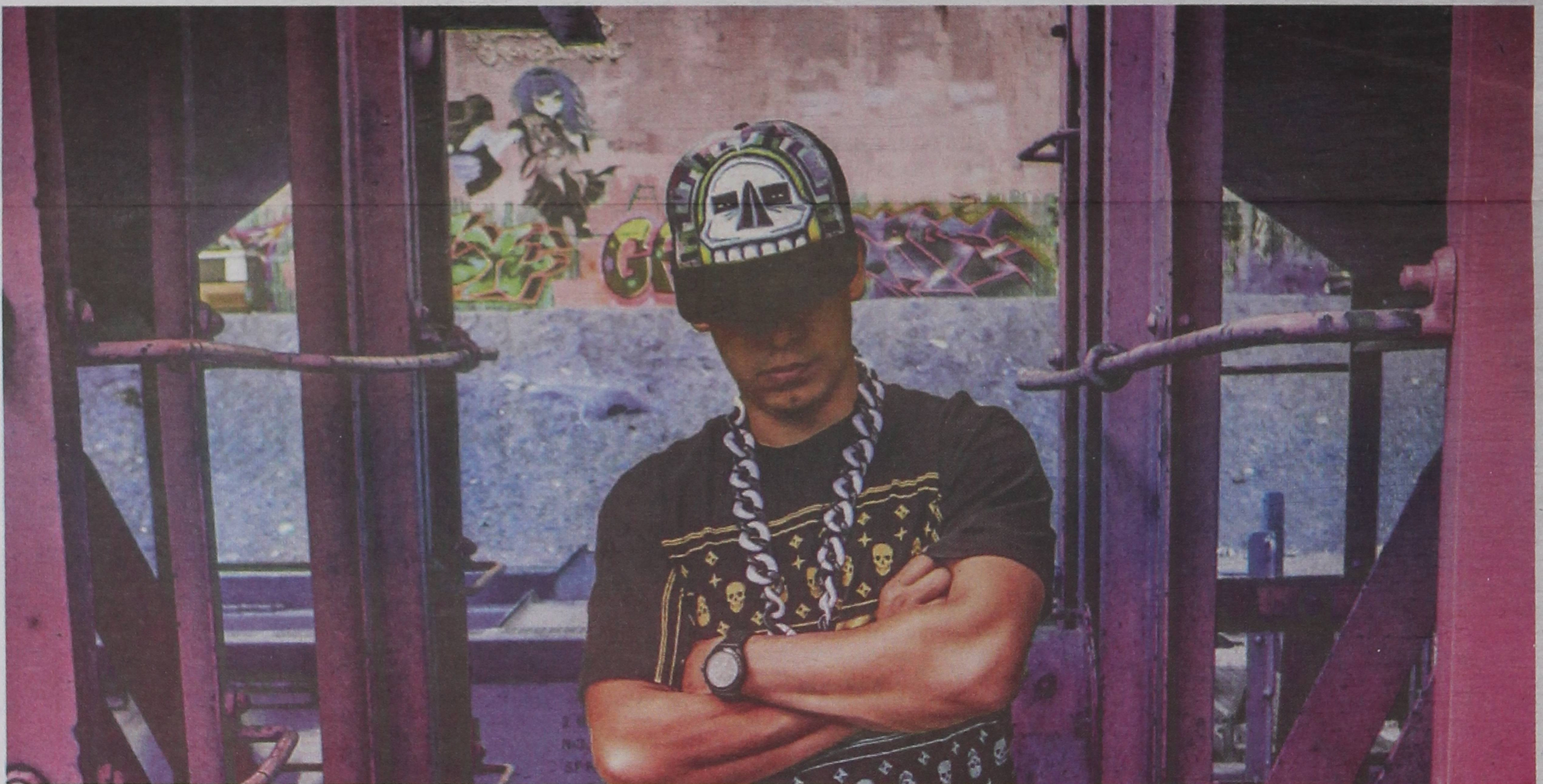


PHOTO COURTESY OF OLMECCA

Hip-hop artist, social justice activist and scholar Olmecca is going to be doing a live performance tonight, Friday Nov. 4, from 8 p.m. to 9:30 p.m. (doors open at 7:30) in Upper Marshall Hall at the University of Puget Sound. Olmecca uses his talent as a performer in not only English but also in Spanish to keep the identity of U.S. Latinx alive and passionate. The performance is free with a Logger ID.

"I think it's really cool the way that Olmecca stays true to both cultures that he represents," Kanchan Armstrong, a sophomore at the University, said.

Olmecca graduated from California State University, Los Angeles, with a degree in Philosophy and a focus on Ethics and Politics. He has toured as a keynote speaker in the U.S., Canada and London. Olmecca has been known to involve himself in the immigrant rights movement in the U.S. and is currently helping national campaigns against deportations.

"I think that he will have a great impact on our campus because of what he has to say about politics, race and immigration in the United States," junior

Amanda Diaz, president of Latinx Unidos, said.

He has also been featured on CNN Latino, ABC, Fox, NPR, URB Magazine and the television series "Sons of Anarchy." His music is considered to be in the hip-hop genre, but it is also more than that—it's a mix of genres and forms. He uses his music to convey a message to Latinos and also the United States in general.

"I think Olmecca's music is a mix between hip-hop and spoken word poetry while also mixing with cumbia, salsa, and other Latin-American musical instruments to create a hybridity of what it sounds like to be a Latino in the United States," Diaz said. On his Facebook page, Olmecca says, in Spanish, that most of his influences have been from "the Golden Era" of hip-hop. Artists like Nas, Wu-Tang, and The Pharcyde as well as the electric music of Latin America have all had an impact on his unique sound. "It will be a really fun performance and a really educational one as well," Diaz said. "It will be a great time to get exposed to conversations that we normally don't have."

Olmecca is a great example of someone who has

taken his talents and skills and used them to better his community and the issues that are close to him. Olmecca's involvement in social justice is an inspiration to anyone who wants to pursue their passions while also change the way people think for the better.

"We are so privileged to go to an institution like [The University of Puget Sound] and it is our responsibility to take on issues that we are passionate about to change the status quo," Diaz said. "Olmecca partnered with National Day Laborer Organizing Network to release his new video for his song 'Browning of America,'" providing an example of how musicians and artists effectively use their gifts and, more importantly, their platform to be a voice for their communities."

His performance is a way for students, faculty and locals to experience the entertainment of live music but also think critically about the role of minorities in the United States.

"[Olmecca] is bringing in the best of each [culture] and using it as a tool for change!" Armstrong said.